

# FAMILIES OVERVIEW AND SCRUTINY COMMITTEE AGENDA

Thursday, 28 November 2019 at 1.30 pm in the Whickham Room - Civic Centre

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From the Chief Executive, Sheena Ramsey

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Item	Business
1	<b>Apologies for absence</b>
2	<b>Minutes of last meeting</b> (Pages 3 - 10)  The Committee is asked to approve as a correct record the minutes of the last meeting held on 31 October 2019
3	<b>Making Gateshead a place where everyone thrives - Six Month Assessment and Performance Delivery 2018-19</b> (Pages 11 - 28)  Report of Strategic Director, Care Wellbeing and Learning
4	<b>Monitoring Report - OSC Review of Obesity</b> (Pages 29 - 36)  Report of the Director of Public Health
5	<b>Health and Wellbeing Board Strategy Refresh</b> (Pages 37 - 54)  Report of the Director of Public Health
6	<b>Youth Justice Service Performance Update</b> (Pages 55 - 62)  Report of Strategic Director, Care Wellbeing and Learning
7	<b>Work Programme</b> (Pages 63 - 66)  Joint report of the Chief Executive and the Strategic Director of Corporate Services and Governance

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**GATESHEAD METROPOLITAN BOROUGH COUNCIL**  
**FAMILIES OVERVIEW AND SCRUTINY COMMITTEE MEETING**

**Thursday, 31 October 2019**

**PRESENT:** Councillor B Oliphant (Chair)

Councillor(s): D Bradford, C Buckley, L Caffrey, B Clelland,  
S Gallagher, L Kirton, K McCartney, M Ord, R Oxberry,  
Reay and N Weatherley

**CO-OPTED MEMBERS**

**IN ATTENDANCE:** Councillor G Haley

**F18 APOLOGIES FOR ABSENCE**

Apologies for absence were received from Councillor S Craig, Councillor P Craig, Councillor Patterson, Councillor McMaster and Councillor Hall.

**F19 MINUTES OF LAST MEETING**

RESOLVED - That the minutes of the last meeting held on 12 September 2019 were agreed as a correct record.

**F20 CHILD AND ADOLESCENT MENTAL HEALTH SERVICE UPDATE**

Committee received an update report on the delivery of children and young people's Mental Health services (CYPS) in Gateshead.

The report to Committee in 2018 outlined the proposals including; establishment of a single point of access (SPA), access to KOOTH, development of new service specifications based on the Thrive model, a move towards more intervention and prevention and the introduction of lead provider arrangements from April 2019.

From 1 April 2019 the new lead provider model went live. The aims of this model are to move towards an early intervention model and to monitor activity as a whole system.

Cumbria, Northumberland, Tyne and Wear Foundation Trust (CNTW) are leading the work to transform the CYPS pathway. A number of providers are now coming under the lead provider model, including; Streetwise, Children North East, North East Counselling Services and Kalmer. Kooth and Barnardos will be coming under this model from October 2019.

The "getting help" and "getting more help" services was previously known as Tier 2

and Tier 3 services. Work is ongoing to flow patients more in to getting help service rather than getting more help, this is in line with the thrive model, which the service specification is based on. Monthly pathway meetings are held with all providers and providers are working more closely than ever before to ensure clients are seen by the right service first time. Providers are also working collectively to reduce waiting times across the service. Regular pathway meetings have already led to improvement in the overarching pathway and significant improvements are emerging.

The NHS providers and the third sector providers are now working under NHS Standard Contracts, this is a 12 month contract from 1 April 2019.

It was reported that all services contracts receive their referrals through the single point of access (SPA). SPA provides a fully integrated and direct clinician support for all providers, it is the first point of contact for all requests for advice and referrals. SPA offers a coordinated access to Getting More Help. SPA is led by a clinician, this allows clinical decision making and interaction at the point of access and ensures referral to the right place first time.

Committee was advised that Kooth is an online platform which provides advice and guidance for young people. This is promoted in all schools and information on Kooth is given to children and young people upon referral to the SPA.

It was noted that CNTW have employed 12 trainee mental health workers to provide support to schools across Newcastle and Gateshead. The teams offer early intervention into schools, supervised by experienced mental health clinicians, for young people with mild to moderate mental and emotional health needs.

In terms of performance, data is now captured across all providers in Gateshead. The key focus is to ensure children are seen in the right place first time. Accepted referral rate is now 99%, this is as a result of the triage service within the SPA. There has also been a significant reduction in the number of young people waiting over 18 weeks to be seen.

In relation to SPA referrals it was reported that the majority are from GPs, followed by self-referrals then education service referrals. On average 141 referrals per month are received from Gateshead clients.

It was noted that the aim is to have a DNA rate of under 16%, this is a contractual aim and a national requirement. Currently DNA rate is 18%, and work is ongoing to tackle this, for example offering evening and weekend appointments.

The number of young people waiting over 18 weeks has dropped and is now at 80. This has reduced a lot but it was acknowledged that there is still a lot to do, therefore there has been further investment into the third sector to enable more appointments to be offered.

Committee was advised that the lead provider model is working well, there continues to be significant work taking place to move activity out of the Getting More Help service to the Getting Help service with a focus on prevention.

It was questioned what circumstances are young people in who are waiting over 18 weeks to be seen. It was confirmed that it is predominantly those young people in the neuro development pathway, this is due to a tri-fold increase in this type of referral. This pathway is for those with or waiting for diagnosis of autism, ADD etc. It was noted that a lot of the wait is due to ASD cases which is also a national issue. There is a specialised team dealing with those waiting over 18 weeks and work is on target to reduce this.

It was queried whether working to 12 month contracts is risking continuity of provision of service and if there are plans in place to ensure continuity for those outside the NHS. It was confirmed that NHS contracts are generally only for 12 months and that the providers are working under standard NHS contracts.

It was questioned whether a young person would go back to the start of the waiting list if they did not attend an appointment. It was confirmed that the increase in DNA rates correlate with school holidays which also is when there is usually a spike in referrals, just before the holidays. Young people are more likely to be seen during school time, however if they do not attend a further appointment would be sent out, which is usually within two weeks.

It was confirmed that the Trailblazer work is underway in Heworth Grange and Lord Lawson and their feeder schools as well as in Jewish Primary Schools. Committee requested that further feedback on this work be reported on at a future meeting.

It was questioned what the longest wait for an appointment is. It was noted that previously the performance measure was 18-30 weeks wait, however nobody was waiting that long and ideally no one should be waiting over 18 weeks. It was agreed that average wait times broken down into tier 2 and 3 will be provided next time.

The question was asked whether Kooth as a support mechanism solves any problems for young people. It was confirmed that there is evidence that there is a lot of young people dealt with through Kooth. Bytesize offers a similar service to younger children and Kooth is also currently looking to develop a younger model.

It was questioned whether there is any information around the outcomes for young people who have gone through the service. It was acknowledged that there are measures against clinical outcome scales and patient rate measure, however this information is not collated collectively. This does get fed through to the CCG on a percentage basis although it is difficult to capture outcomes in terms of mental health. National work is ongoing in terms of how to capture outcomes in the future.

Committee was concerned that there is still a lot of young people waiting a long time to be seen. It was acknowledged that there has been additional investment in this area as it is a national crisis due to years of under investment. There are examples of improvements and work is ongoing.

The point was made that previously there was no evidence of forward planning. It was confirmed that there is a long-term plan in place now which also provides a breakdown of expected children and young people who will require the service over

the coming years in Gateshead. This therefore allows planning and investment to take place in anticipation.

RESOLVED - That the views of the Committee on the progress outlined in the report be noted.

## **F21 IMPACT OF EARLY HELP - PROGRESS UPDATE AND CASE STUDIES**

Committee received a progress update report on the activities and impact of the Early Help Service (Targeted Family Support) in providing advice, practical support intervention to vulnerable Gateshead families.

It was noted that the majority of the case work of early help is at the far end of tier two. Early help is around working with the whole family to offer advice, referrals, telephone advice, group programmes, dependent on the need of the child. Evidence-based interventions and practical support are offered, for example; Team Around the School pilot, which is currently working in Whickham, Heworth Grange and Kingsmeadow. It is being considered whether this can be expanded to more secondary schools and if it could complement the work of the PRU. Through the ADHD Pre Diagnosis Pathway parenting intervention is offered. In addition, Gateshead leads on a national pilot; Reducing Parental Conflict Group programmes, which is intensive group programmes.

Early Help Workers have a caseload of 12 families and meet with these families on a regular basis, at least once a fortnight. They carry out home visits and offer advice and practical support for the families.

It was reported that since October 2017, 4,545 children and young people have been referred. Since April 2019, the last time early help was reported to Committee, 1,102 children have been referred into the service. It was noted that there continues to be a lot of referral sources, education remains the largest source of referrals with 85% of referrals coming from primary schools. At present there are 698 children on the caseload.

Committee was provided with a map of Gateshead showing the number of early help cases opened across the Borough. It was acknowledged that this data is helpful in terms of mapping provision. It was also noted that the Early Help Service received positive recognition from Ofsted during its recent visit.

It was reported that, of those families who have worked with the Early Help Service, 10.8% will come into the Social Care system within 12 months, 3.1% of those declined the Early Help Service. Therefore 93% of families worked with will remain out of the service since the point of closure, nationally this is approximately 85%.

Committee was informed about the Team Around the School work which is underway in Whickham, Kingsmeadow and Heworth Grange. The programme has worked with 130 young people, there is a smaller more intensive caseload in secondary schools. In addition, parenting programmes are now being run on the school campus which the Early Help Service facilitates, for example; Families First offers support to parents with a child being assessed for ADHD, this is ran in a small

group format with 57 parents completing this in 2019.

Work is also ongoing with pregnant women through the Growing Healthy Programme. Midwives identify expectant mothers with vulnerabilities and will offer structured visits from 16-20 weeks gestation up until the child is 24 months, the 'First 1,000 days'.

A number of case studies were provided to the Committee.

Committee was interested in discussing the place based issues in a future report. It was questioned whether there is empowerment in community work. It was acknowledged that this can co-exist, there is merit in a place based approach but there needs to be more understanding of where people feel is 'community'.

RESOLVED - That Committee considered and noted the content of the update report.

## **F22 INTEGRATED REFERRAL AND ASSESSMENT TEAM**

A report was presented on the changes to the Referral and Assessment Service. It was noted that previously the service operated a duty room which received a huge number of contacts from the police, the Referral and Assessment team then transferred cases at the end of the assessment to Safeguarding and Care Planning Teams. The Safeguarding and Care Planning teams then held all cases, including; child protection plans, court work, children in need cases and LAC cases up to permanency.

The service felt that there were too many inappropriate police contacts being handled by the duty room, also there were avoidable transfer points between Social Workers and services. In addition, child in need cases requiring intense interventions were not able to be given the necessary priority.

In order to restructure the service the guiding principles were looked at. These principles included; limiting transfer points as far as possible, maintaining caseloads at levels which allow for meaningful interventions to take place.

From June 2018, multi-agency triage meetings are held daily, where there is representation from police, 0-19 service, Early Help and domestic abuse service. Police contacts are filtered out or redirected and signposted to alternative services. From January 2019 the Referral and Assessment Team became the Assessment and Intervention (A&I) service, emphasising the intervention aspect of the work. There are six A&I teams and a dedicated team manager post was created for duty work so that social workers are no longer working on a rota basis in the duty room.

Children in Need cases remain with the Service unless circumstances change and the case needs to escalate to Child Protection or LAC. In terms of the impact of these changes it was noted that staff seem to prefer the new approach, there has been 53% fewer contacts from the police, CiN assessments are completed sooner and there has been a marked reduction in re-referrals. In addition, there are also

fewer cases transferring from A&I to Early Help and there has been 11.5% reduction in Child Protection Plans. It was noted that re-referrals are used as a proxy measure, this has reduced to 55.5 per 10,000 which is a huge reduction. Step downs to other services have reduced, therefore this indicates that the correct CiN plans are in place.

It was reported that the Gateshead CAN model is an overarching systematic and strengths-based approach which recognises the interrelationships between Context, Action and Narrative. Some of the methods and models that Social Workers use were provided to the Committee including Genograms, Signs of Safety and Narrative techniques and tools from positive psychology.

It was questioned whether staff are happy with the changes to the service. It was acknowledged that staff were initially worried about not having enough time to do intervention work, however staff are now happy with the new arrangements. Committee was advised that the Council is not attracting as many Social Workers as hoped, despite comparable salary levels.

- RESOLVED -
- (i) That committee continue to champion the work undertaken by the Council's Children's Social Workers.
  - (ii) That the content of the report be noted.
  - (iii) That Committee receive the annual evaluation in April 2020.

## **F23 PERFORMANCE UPDATE ON CHILDREN'S CENTRES, IAG AND EARLY YEARS CHILDCARE SERVICE**

Committee received a report on the performance of Children's Centres, Early Years Childcare Service and the Information Advice and Guidance Service.

It was noted that the number of families accessing Children's Centre staff supported services has decreased by 83 families over the last year, due to activities being delivered into hard to reach areas away from the Children Centre buildings. There is also a greater number of families accessing from the most deprived areas.

In terms of Early Years Childcare Service it was noted that the quality of settings remains high with 83% of providers being judged at least Good by Ofsted. Take up of two year old free entitlement has remained fairly static at 82%.

The Information, Advice and Guidance Service has performed well in comparison to last year, with 8.7% NEET (not in education, employment or training) reported in the DfE scorecard.

- RESOLVED -
- That Committee noted the content of the report and the progress to date.

## **F24 NEW GUIDANCE ON OVERVIEW AND SCRUTINY COMMITTEE**

Committee received a report which set out the proposed areas for improvement arising from the new guidance on OSC.

It was noted that the Communities and Local Government Select Committee's inquiry into OSC set out a number of proposals by which to raise the profile of scrutiny. It was noted that some of the proposals are already underway in terms of Gateshead's scrutiny process.

The guidance suggests a role for scrutiny when agreeing contracts using public funds to deliver goods and services. A workshop has therefore been set up for all Councillors to attend which will be led by Andrea Tickner, Service Director, Corporate Commissioning. The workshop will aim to give a better understanding and look at the role scrutiny could play.

- RESOLVED -
- (i) That Committee noted the information provided.
  - (ii) That Committee endorsed the proposed areas for improvements outlined in paragraphs 2:1 to 2:4 of the report.

## **F25 WORK PROGRAMME**

The Committee received the work programme report setting out the provisional work programme for the Committee for the year 2019/20.

It was noted that, as per the earlier report, the 12 month evaluation of Integrated Referral and Assessment Team report would be added to the work programme for April 2020.

- RESOLVED -
- (i) Committee noted the provisional work programme.
  - (ii) Committee noted that further reports on the work programme will be brought to the Committee to identify any additional policy issues, which the Committee may be asked to consider.

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**TITLE OF REPORT: Making Gateshead a Place Where Everyone Thrives - six-month assessment of performance and delivery 2019/20**

**REPORT OF: Caroline O'Neill, Strategic Director, Care, Wellbeing and Learning**

### **SUMMARY**

This report provides the six-month update of performance and delivery for the period 1 April 2019 to 30 September 2019 in relation to the Council's Thrive agenda for the indicators and activity linked to children and young people.

#### **Background**

1. The report forms part of the Council's performance management framework and gives an overview of progress for the priorities appropriate to the remit of the Families Overview and Scrutiny Committee.
2. The Council's new strategic approach Making Gateshead a Place Where Everyone Thrives, was approved by Cabinet in March 2018 to ensure the Council continues to get the best outcomes for local people and remains a viable and sustainable organisation into the future.
3. As part of the Council's performance management framework, five-year targets were replaced with a single 2020 target with strategic indicators identified as either target or tracker indicators. These targets were approved by Cabinet on 12 July 2016.

#### **Delivery and Performance**

4. The six-month assessment of performance for 2019-20 focuses on the achievements and actions undertaken during the period 1 April 2019 – 30 September 2019. Areas for future improvement are also identified.
5. The strategic indicators aligned to this committee have been reviewed and are consistent with the Council's Thrive agenda.
6. This report sets out the performance overview linked to the 32 strategic outcome indicators, which have been identified as providing a high-level picture of the strategic priorities for the Council and its partners in relation to children and young people.
7. The report also identifies achievements, updates on key actions and activities from the previous report and identifies key actions for the next six months.

#### **Recommendation**

8. It is recommended that the Families Overview and Scrutiny Committee:
  - i. consider whether the activities undertaken during April to September 2019 are supporting delivery of the Thrive agenda;
  - ii. to identify any areas, they feel they require more detail about or feel require further scrutiny; and
  - iii. note that Cabinet will consider a composite performance report at their meeting on 21<sup>st</sup> January 2020

**Contact: Jon Gaines**

**Ext: 3484**

## Families Overview and Scrutiny Committee

### Children and Families – Making Gateshead a Place Where Everyone Thrives 6-month assessment of performance and delivery April 19 – September 19

September 2019

Portfolio:	Children and Young People
Portfolio Member:	Councillor Gary Hayley
OSC Chair:	Councillor Bernadette Oliphant
Lead Officer:	Caroline O'Neill, Strategic Director CWL
Support Officer:	Jon Gaines, Service Manager Quality Assurance

## 1.0 Introduction

- 1.1 We know that over 43% of people and families in Gateshead are either managing or just coping and over 40% are in need or in vulnerable situations. We want to change those statistics and aim to make Gateshead a place where everyone thrives<sup>1</sup>. “*Making Gateshead a place where everyone thrives*” is the new council approach aiming to narrow the gap of inequality across Gateshead resulting in more people living longer and leading healthier and happier lives.
- 1.2 Care, Wellbeing and Learning has a primary focus of direct work with and commissioning of services to support the residents of Gateshead. It is critically placed to support the Thrive agenda. Our work spans the 5 Thrive pledges, of:
- 1 *Put people and families at the heart of everything we do*
  - 2 *Tackle inequality so people have a fair chance*
  - 3 *Support our communities to support themselves and each other*
  - 4 *Invest in our economy to provide sustainable opportunities for employment, innovation and growth across the borough*
  - 5 *Work together and fight for a better future for Gateshead*
- 1.3 For services covered by children and families, 31 overarching strategic indicators (1 with 2 indicators attached) are currently identified and monitored to support the group in understanding its performance linked to achieving the council aim of narrowing the gap of inequality across Gateshead and supporting its residents to thrive. This report sets out the 6-month performance update for April 2019 to September 2019 ‘assessment of delivery and performance’ in line with the current Performance Management Framework
- 1.4 The current strategic indicators are in the process of being reviewed to ensure they continue to be appropriate in measuring performance in respect of the Thrive agenda. Any updates or removals of existing and the addition of any new indicators will be incorporated into the first report of the 2020/21 cycle.

## 2.0 Overview

- 2.1 This report provides a performance overview linked to the 32 strategic indicators for children and families which currently fall under the five pledges of “Put people and families at the heart of everything we do”, “Tackle inequality so people have a fair chance”, “Work together and fight for a better future for Gateshead”, “Invest in our Economy” and “Support our Communities”

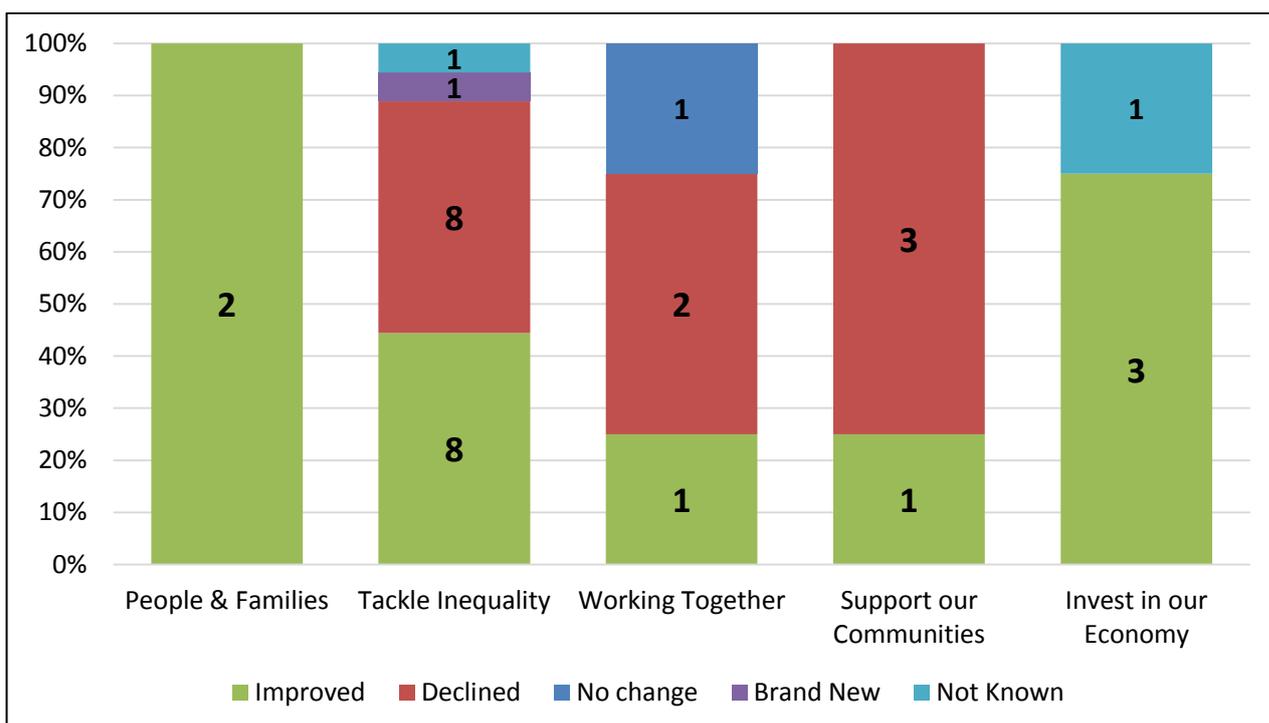
- 2.2 Section A provides an overview of performance linked to the indicators identified as falling under each pledge, along with any achievements or challenges. The section summarises if performance has improved or declined since the same period in the previous year. Also included is an update of the actions identified in the previous periods report and actions identified for the next 6 months.
- 2.3 Section B provides a performance dashboard with individual performance details for the 32 indicators identified, grouped by the relevant pledge.

## Section A

### 3.0 Performance Overview

3.1 The chart below summarises the overall position and trend in performance compared to the same period last year for the 32 indicators included in Section B, grouped under the relevant pledge. Following on from the previous report there has been the addition of 1 strategic indicator “*Measure the percentage uptake of free school meals at primary level*”. More specific detail for individual indicators is provided in Section B. Overall the performance has improved in 15 out of the 28 indicators (54%) we have an updated position for.

**Chart 1: Summary of direction of travel for indicators in section B**



### 3.2 Putting people and families at the heart of everything we do

3.3 We know that we have residents who are struggling in real life and need more support than others, our role as a Council is to help people and to show empathy and understanding of the situations, they are in to find a means of lifting them out of their difficult situations. We have identified 2 strategic indicators linked to the pledge of “***Putting people and families at the heart of everything we do***”. In the latest period we have demonstrated improvements for 2 indicators.

## Performance

- 3.4 The number of eligible 2-year olds accessing their free early learning place has also increased, with Gateshead having the 15<sup>th</sup> highest take up of the 152 LA's in England.
- 3.5 There are more families engaging in the Troubled Families Programme (2301). We are currently entering the last 6 months of phase 2, of the 5-year programme, and have achieved 75% of the overall target of 1930 for Payment by results (1439).

## Achievements, Challenges and Actions

- 3.6 Gateshead received its short inspection under the Ofsted ILACs (Inspection of Children's Services) Framework in April/May 2019. Led by Jan Edwards, Her Majesty's Inspector, and a team of five additional HMIs, the inspectors judged the service under 4 main areas as follows:
1. The impact of leaders on social work practice with children and families - **Good**;
  2. The experiences and progress of children who need help and protection - **Good**;
  3. The experiences and progress of children in care and care leavers - **Good**; and
  4. Overall effectiveness – **Good**.

The report highlighted that:

- Social workers know children well, are aspirational for them and care deeply about helping and protecting them from harm;
- Children benefit from the help and support they receive from highly skilled, committed and knowledgeable staff;
- There is good practice within most areas of the service which has a demonstrable positive impact on improving children and families' circumstances; and
- Children who are in need of early help and those on the edge of care are now receiving an excellent service.

Four main areas for improvement were identified through the inspection process:

- Managers' and Independent Reviewing Officers' challenge to the quality of social work practice, including more effective use of supervision when practice falls short;
- The quality and focus of written plans to ensure that they are specific and targeted to meet the needs of individual children, to include pathway plans that are co-produced with young people to address all risks and life-story work to help all children in care understand their histories;
- The pace of change in relation to, and the quality of services for, disabled children; and
- Access to services for those children in care who live out of the borough, including the timely return of personal education plans from schools outside of the borough

- 3.7 New on-line feedback tools are available for children, young people and parents/carers to comment during and after case intervention from Early Help.
- 3.8 The group parenting offer has been reconfigured to include more sessions being available in school settings, where/when parents need the support.
- 3.9 Early Help has embedded the new ADHD pre-diagnosis pathway, 'Families First', for parents/carers of children undergoing the ADHD assessment process.

- 3.10 We have established and developed the Supporting Children and Families Team offering individually tailored packages of family support and supervised contact to support statutory children's social work teams.
- 3.11 We have restructured the Assessment and Intervention Team and the Safeguarding and Care Planning Service to ensure families and children receive the help they need at an earlier stage and before their difficulties are too entrenched. The restructure has provided an opportunity to implement systemic social work and has meant that the children who need the greatest support have access to specialist child protection social workers and those who can represent their interests via legal proceedings.

### Update on Actions from Previous Report

Action	Thrive Pledge	Service Area	Update
We will establish closer working relationships with Adult Mental Health Services and focus on how they work together with parents who need specialist services. We will also establish closer working relations with community policing and community safety, parks recreations and transport, with the aim of developing the contextual safeguarding framework in Gateshead	People & Families	Assessment & Intervention	We have established close working relations with community police where we meet to discuss the intervention offered by the CCiN team to young people and families to increase the parental presence in young people's life. This intervention also impacts upon the level of anti-social behaviour displayed by young people in the community. These discussions have reduced the need for the police to punitive measures.
We will introduce an adult (parent/carer) version of 'Tell Us What You Think!' to provide an on-line platform for collecting and analysing family feedback to inform service improvement following support from Early Help.	People & Families	Early Help	Early Help introduced new feedback/consultation tools for children, young people and families from June 2019. These included the age-specific 'This is me' tool for sharing information on family life (pdf/web), Tell Us What You Think! tool for views on the service received (pdf/web) and an Exit Interview format (pdf/web) at the point of case closure.
Continue to change our Social Work practice approach by being more responsive to families.	People & Families	Children and Families	Social work practice has been evolving into a more responsive, relational and systemic model through specific training for front-line social workers and managers. Successful adoption of the unit model and peer-group supervision has been helpful in understanding families in greater detail, without compromising child safety. There are early indications, supported by performance data that the change in practice will lead to more families being helped to stay together and supported to care for their children.

### Actions for the next 6 months

- i. We are about to take forward a new development (subject to planning and consultation) for Young Peoples supported accommodation in Dunston.
- ii. Explore Adult mental health pathways and work with key health partners to explore how services recognise and respond to ACEs and Trauma. Explore the possibility of developing a systemic family therapeutic model of intervention to address safeguarding concerns.
- iii. Between January 2020 and March 2020 there will be a detailed evaluation of the new approach to practice within A&I including feedback from families and partners.

- iv. The Domestic Abuse Team will work in partnership with the PCC and Violence Reduction Unit to pilot a daytime extension (Currently operates weekend evenings) to the Domestic Violence Car so that experienced domestic abuse support workers respond with police to 999 calls maximising speedy support to victims.
- v. Improving the services and response to children with disabilities and their families.
- vi. Open a new 6 bedded children's home in order to bring some young people that are placed at a distance back into Gateshead.
- vii. We will be looking at and confirming what additional resources are required to meet the needs of our most complex Looked After Children.

### 3.12 Tackle inequality so people have a fair chance

- 3.13 As a council we must focus help on those families who are vulnerable and just coping, in order to support them to manage and Thrive. We have identified 18 strategic indicators linked to the pledge of “**Tackling inequality, so people have a fair chance**”. In the latest period we have demonstrated improvements for 8 indicators in this pledge, performance has declined in 8, we have 1 brand new indicator and 1 indicator received no update.

#### Performance

- 3.14 Performance has improved with the demand for statutory child protection services decreasing. The number of children subject to a child protection plan (CPP) was 240 (60.6 per 10k) at the end of September 19, a decrease of 27% since on September 2018. Significant changes to the arrangements in the Assessment and Intervention Service and Safeguarding and Care Planning Teams, as well as investment in training in systemic and relational social work has meant that social workers are more able to intervene at a CIN level, before concerns escalate and therefore avoid the need to initiate child protection processes. It is felt that this way of working has significantly contributed to the reduction in the numbers of children subject to CP plans.
- 3.15 Improvements have been noted in the educational attainment of children and those achieving a good level of development by the age of 5.
- 3.16 However we have seen a decrease in the attainment of expected standards for Reading, Writing and Mathematics for Key Stage 1 and a decrease the percentage of children reaching the expected standard at Key Stage 2.
- 3.17 The Attainment 8 scores have improved and are above the England average. Progress 8 scores have also risen since last year however it is still below zero, despite Attainment 8 being higher than the national figure, because starting points from the end of KS2 were high.
- 3.18 There has been a small decrease in the number of children offered a place at their preferred primary school however we have a higher percentage of those offered their preferred place compared to the National level (92% compared to 90.6%). 98% of all applicants were allocated one of their top 3 preferences compared to a national figure of 97.5%. We have also seen a decline in the percentage of children offered a place at their preferred secondary school but again a higher percentage allocated their first preference or one of their top 3 preferences compared nationally.
- 3.19 The percentage of Gateshead schools rated as Outstanding by Ofsted has reduced to 34%, with some schools that were ‘Outstanding’ being inspected and downgraded. This is

partly due to the fact they were graded as 'Outstanding; under an old framework and the standard has changed considerably.

- 3.20 We have seen improvements in performance with the gap between progress 8 and Attainment 8 scores for disadvantaged pupils and their non-disadvantaged peers at KS4 reducing. The progress 8 scores for Looked after children at the end of KS4 have also improved.
- 3.21 The progress 8 scores for vulnerable children who are SEN support have improved and is better than the national figure. However, progress 8 scores for those with a Statement or Care plan have dropped and are lower than the national equivalent.
- 3.22 There is currently no data for the Progress 8 scores for children receiving free school meals as it has not been collated yet.
- 3.23 This is the first time we have collected the percentage uptake of FSM at primary Level. The average uptake for the period April 19 – September 19 was 81.67%. Uptake usually slightly lower than average at the start of each academic year as pupils are unfamiliar with the new menu and reception intake pupils are new to school meals entirely. This is expected to pick up by October/November time.

### Achievements, Challenges and Actions

- 3.24 We have established the Sport Intervention Programme and received funding from Sport England to develop bespoke education offer. We provide sport in partnership with local education authority 1:1 tuition. This is to engage our young people in education with the view of them achieving their potential. We have been successful in receiving additional funding from the National Lottery to expand this initiative.
- 3.25 Those children who need our help have targeted services, according to their needs. The restructure has also provided the opportunity to change practice so leading to more children being cared for safely within their own families. Children who do need to be looked after or adopted are having their permanency plans agreed at an earlier date.
- 3.26 In partnership with the Community Rehabilitation Company (CRC), we have developed a process to provide a range of structured, focused and personalised interventions for men and women who have been identified as perpetrators of domestic abuse. We have adopted a model of change approach to stimulate responsibility, ownership and agency within perpetrators to reduce, manage and cease abusive behaviours.

### Update on Actions from Previous Report

Action	Thrive Pledge	Service Area	Update
We will refresh and update the "Core standards" document which is the practice and standards document for qualified social work staff, early help workers & staff working directly with children, young people and their families and launch this with all staff	Tackle Inequality	Children & Families	We have refreshed and updated the core standards and have produced a booklet for all social work staff, early help workers & staff working directly with children, young people and their families. This was launched earlier this year.

Staff are now using formalised assessment tools to understand the social and emotional needs of children and young people when working with them. following on from this there will be provision of resource boxes to schools for pupils with EAL in September and posters with strategies for pupils with dyslexia in June.	Tackle Inequality	Education Support	Resource boxes are being introduced to schools this term, week by week and posters were provided to schools in the previous summer term.
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### Actions for the next 6 months

- viii. A strategic piece of work is being undertaken to map out children’s services across the system. A walk the wall has been created with the aim of identifying duplication issues and gap and potential solutions to bring our children closer to home; using that information to determine next steps to promote systems working to better meet the needs of children and their families.
- ix. We will host a Head Teachers conference to focus on reducing permanent exclusions.
- x. We will be introducing the AV1 Avatar into schools to engage with some of the most anxious pupils who are unable to attend school.
- xi. Continue to embed the Elective Home Education Multi-agency group to monitor and support EHE pupils and their families.
- xii. Embed the Education Inclusion Panel who decide the educational placement of permanently excluded pupils.
- xiii. Work to embed the complex pupils meeting which monitors and supports the educational placement of our most vulnerable complex pupils.
- xiv. Early Help will deliver 'ROAR' training to primary school staff to help them identify and respond to emotional wellbeing issues among children. ROAR approach has been developed by Liverpool CAMHS. First training will be delivered in Gateshead before the end of the year.
- xv. We will look to implement a Trauma Recovery Model into working practices across the Domestic Abuse Team and Youth Justice Service. The Trauma Recovery Model is a road map to help professionals care for and guide troubled people towards recovery. It's a composite model; combing theories of child development, attachment and neuroscience with hands on practitioner skills.
- xvi. Promote further educational and social opportunities for disabled children.

### 3.27 Work together and fight for a better future for Gateshead

- 3.27 As a council to improve the lives of the residents of Gateshead we must work together as a council, but also with our partners and others to do so. We have identified 4 strategic indicators linked to the pledge of “**Work together to fight for a better Gateshead**”. In the latest period we have demonstrated improvements for 1 indicator, 2 have declined and 1 is showing no change.

## Performance

- 3.28 We have seen an increase in the number of First Time Entrants to the Youth Justice system aged 10-17 compared to the same period last year. While compared to the previous 6-month report performance has declined, the picture is more positive around performance recently. The use of custody rate has remained very low and the same.
- 3.29 Work with Public Health colleagues is also seeing an improvement (reduction) in the number of hospital admissions for self-harm for 10 to 24 year olds. We are now at our lowest rate since the data was first published in 2011/12. For the first time in a single period. Gateshead is lower than both the England and North East rates.
- 3.30 The proportion of mothers smoking at the time of delivery (15.1%) has declined compared to the same period last year (14.5%). Provisional data for 2018/19 is available and shows improvement against 2017/18 (17/18 - 15.1% compared to 18/19 – 12.5%). However, it should be noted that this data is aggregated at Newcastle Gateshead CCG level and is not reliably Gateshead data. The finalised Gateshead data may be available from December 2019.

## Achievements, Challenges and Actions

- 3.30 Gateshead hosted a large regional conference on 11<sup>th</sup> September 2019 for senior leaders on the rationale behind reducing parental conflict. Over 100 delegates attended, and a 'Pledge' exercise was completed to start the process of developing a regional manifesto on how partners from education, police, housing, health and social care can more effectively identify and respond to parental conflict to improve outcomes for children.
- 3.31 In partnership with Northumbria Police and Gateshead schools and colleges, we have implemented Operation Endeavour. This aims to support children and young people who go missing from home by informing a nominated Key Adult in schools and colleges of any missing episodes to raise awareness of issues that may be having an impact on a child or young person. Children who go missing from home are at risk of significant harm and they may be vulnerable to sexual exploitation, violent crime, gang exploitation, or to drug and alcohol misuse.
- 3.32 A partnership review of the Gateshead Youth Justice Board has commenced to ensure effective leadership and governance across the Youth Justice Service.
- 3.33 Alongside Northumbria Police and Gateshead schools and colleges, we have supported the implementation of Operation Encompass Nest Steps to provide enhanced support to children and families affected by domestic abuse, and to staff within schools. This will enable appropriate support and safeguarding within the safe school environment.
- 3.34 New Multi-Agency Safeguarding Arrangements (MASA) were published at the end of June 2019. The Children and Social Work Act 2017 replaced LSCBs with new local safeguarding arrangements led by the three named statutory safeguarding partners. The three safeguarding partners have now formally assumed the responsibilities for safeguarding arrangements that previously sat with LSCBs and now have a shared and equal duty for new safeguarding arrangements and for working together to safeguard and promote the welfare of children in Gateshead. The safeguarding partners in Gateshead are Gateshead Council, Newcastle Gateshead Clinical Commissioning Group and Northumbria Police.
- 3.35 Working together to safeguard children requires that as local safeguarding partners the council, the police and the CCG publish arrangements to work together to safeguard and promote the welfare of local children. Our Safeguarding Plan was published on 29th June

and came into effect from September 2019. The plan sets out the transitional arrangements for Gateshead over next 12 months. During the course of 2019-20, further work will be completed on integrating functions across the Northumbria footprint, and a wider structure review will be undertaken in the spring of 2020. The regional forum has also published a statement of intent.

- 3.36 A launch of the shared regional safeguarding procedures manual (multi-agency) has taken place. This online manual sets out regionally agreed procedures which have been agreed across all areas covered by Northumbria Police (Gateshead, Newcastle, South Tyneside, Sunderland, North Tyneside, Northumberland), together with additional local information for each area. The procedures have been developed based on statutory guidance, good practice in each area and learning from serious case reviews/case reviews (local, regional and national). The aim is to streamline processes across region, to strengthen risk management and to ensure that child concerns and allegations of abuse are appropriately responded to.
- 3.37 The procedure for missing children was reviewed and recommendations implemented. All children who go missing are now offered independent return home interview (IRI). The form used to record IRIs was updated and staff trained to try and ensure good quality interviews, to identify any emerging concerns and intervene early so that problems do not escalate. Information from IRIs will inform safety plans and may help disrupt any wider exploitation.
- 3.38 A review of Police MASH Triage and Integrated Referral Team (IRT) Process has taken place. The IRT is a multi-agency team of professionals who triage referrals and ensure appropriate and timely allocation of all referrals this enables swift and proportionate response to contacts coming into Children's Services. The IRT continues to be developed and now includes representation from health (0-19), Early Help and Domestic Abuse. There are also named representatives in housing and education. The document setting out the process has been developed and can be accessed from the children's services procedure manual.

## Update on Actions from Previous Report

Action	Thrive Pledge	Service Area	Update
Further align the Team Around the School (TAS) model with the new CCG funded Trailblazers linking mental health professionals to Gateshead schools.	Working Together	Education & Learning	The Team Around the School (TAS) pilot has been extended to two further schools (Kingsmeadow and Heworth Grange) along with Whickham as the original pilot site. Staff will introduce new scaling measures to help assess the impact of work.
Reducing Parental Conflict Programme will introduce four new pathways of provision to the borough, including Incredible Years (Advanced), Parents Plus, Family Check Up and Mentalization Based Therapy. Programmes will 'go live' between May and September 2019 up until March 2021.	Working Together	Education & Learning	The Reducing Parental Conflict Programme went live in June 2019 and is accepting parent referrals to the four funded pathways of provision. Gateshead acts as the 'Referral Gateway' for the North East Region, processing 210 regional referrals to date - 34 referrals are from Gateshead.

We will establish closer working relationships with Adult Mental Health Services and focus on how they work together with parents who need specialist services	Working Together	Assessment & Intervention	This discussion has been started and a meeting has taken place with the NTW Adult service manager, to explore and understand pathways and how the services can work more collaboratively. I am also exploring with CYPS Clinical Community Lead what a multi-agency family model would look like in terms of design and service delivery. As part of this we now have a CYPS MH Nurse seconded into the team to test out a collaborative approach to delivering systemic holistic intervention to the families we work with.
We will also establish closer working relations with community policing and community safety, parks recreations and transport, with the aim of developing the contextual safeguarding framework in Gateshead.	Working Together	Assessment & Intervention	We have established close working relations with community police where we meet to discuss the intervention offered by the CCiN team to young people and families to increase the parental presence in young people's life. This intervention also impacts upon the level of anti-social behaviour displayed by young people in the community. These discussions have reduced the need for the police to punitive measures

### Actions for the next 6 Months

- xvii. An enhanced parenting pathway for vulnerable new parents to be/parents who need additional support will be launched on 4 November. This pathway, which will be delivered using an integrated approach by Health Visitors, Early Years Practitioners, the Early Help service and Maternity services, will offer co-ordinated packages of care from pregnancy until the child is two.
- xviii. Care Wellbeing and Learning will provide training to education professionals working in the Jewish community about safeguarding thresholds and the CAF/CIN/CP assessment process on 6<sup>th</sup> November 2019.
- xix. Early Help will update their (Gateshead Council) web-pages to set out a broad offer of support across services and to promote on-line tools and resources for use by a wide range of practitioners working with families.
- xx. A partnership review of MARAC processes will be undertaken to safeguard victims of domestic abuse and their families, manage perpetrators' behaviour, safeguard professionals and make links with all other safeguarding processes.
- xxi. We will explore working relations with Council partners in community safety, parks recreations and transport, with the aim of developing a contextual safeguarding framework in Gateshead to safeguard our teenagers.
- xxii. A shared audit tool has been developed to gain assurance around safeguarding arrangements as set out in section 3 of WT2019. The S11 audits are being sent out to partner agencies across the region at the same time, and will be co-ordinated by Gateshead, who are leading on it. Agencies who cover more than one area (i.e. Northumbria Police, Cumbria Northumberland Tyne and Wear (CNTW) can submit one audit for the region but will need to make explicit any local differences. The S11 audit was sent out on 1st October 2019 with a deadline for return of the 12th November (6 weeks to complete). The responses and action plans will be analysed, and a report will go to each local safeguarding children partnership, including any recommendations. The GP audit tool has been agreed and will be sent out via CCG. Safeguarding audit for schools, colleges and education providers has also been agreed and will be sent out in November.
- xxiii. Consultation work has started with the Gateshead Young People's Assembly and Gateshead Health NHS Foundation Trust. The work is focused on the lived experiences of young people and the impact of the food environment on the food choices linked to health

inequalities. The findings will help to shape some of the food environment work happening in Gateshead.

### 3.39 Invest in Our Economy

- 3.40 As a council and group we must focus on a range of activities to stimulate economic growth in Gateshead, attracting more and better paid jobs and improving the skills of the workforce in order to support them to manage and Thrive. We have identified 4 strategic indicators linked to the pledge of “***Invest in our economy to provide sustainable opportunities for employment, innovation and growth across the borough***”. In the latest period we have demonstrated improvements for 3 indicators in this pledge, performance cannot be compared for one as we have never previously had 6-month data for this is not known in one

#### Performance

- 3.41 Support for young carers through the young carer’s assessment service has increased compared to the numbers reported for the same period in the previous end of year report. However, figures are always lower at this time of year due to schools being busy with exams and then the school holidays. Self-referrals also drop as families are busy during the holidays.
- 3.42 Of the 133 care leavers at the end of the period (30<sup>th</sup> September 2019) 99% were in suitable accommodation with only 1 was identified as in unsuitable accommodation (in custody). This is an improvement on the position as of March 2019 where there were 2 care leavers in unsuitable accommodation.
- 3.43 For the 133 care leavers a provisional figure of 58% were in some form of Employment, Education and Training in the current period. If we were only looking at just those that we are in touch with (113), the overall percentage would increase to 68%.
- 3.44 For the period up to September 2019 there were 2 young people leaving care who were given an apprenticeship with the Council (including one with The Gateshead Housing Company).

#### Achievements, Challenges and Actions

- 3.45 A review of existing information-sharing agreements with Economic Development and CRC/Probation took place to increase the return of PBR claims as part of the national Troubled Families programme. PBR claims remain a key element of the financial sustainability of the Early Help Service.
- 3.46 The new Supported Accommodation Model (SAILS) for 16 -25year old care leavers and homeless is now operational. This has enabled young people in the service to do Voluntary Work, Peer Mentoring and take up jobs within the organisations. Moving forward it is envisaged that more posts will be filled by young people who have used the services, becoming experts by experience.
- 3.47 We have had care leavers on apprenticeships within the Council and one young person has secured a permanent post on completion of their apprenticeship at the Council.
- 3.48 15 frontline graduates are now in post within the services. Staff turnover and the use of agency staff is small.

- 3.49 Two new IRO Practice Supervisor posts within the Safeguarding Children Unit have now been appointed. The IRO Practice Supervisors will be responsible for the clinical supervision of a small team of IROs as well as holding a half caseload.

### **Actions for the next 6 Months**

- xxiv. Increase the apprenticeship offer across the Council for Care Leavers.

## **3.50 Support our Communities**

- 3.51 Inequalities exist between people but also between communities, with some having much more deprivation, anti-social behaviour and poverty. As a council and group, we must be looking to help the most vulnerable neighbourhoods/residents, to address poverty, build social capital and help and enable volunteering to support them to manage and Thrive. We have identified 4 strategic indicators linked to the pledge of **“Support our communities to support themselves and each other”**. In the latest period we have demonstrated improvements for 1 indicator in this pledge, performance has declined in 3

### **Performance**

- 3.52 We have seen improvements with those Not in Education Employment or Training. The number of ‘Not Known’ has reduced – down from 8.3% of the cohort to just 4.3% of the cohort and the NEET figure has reduced from 5.3% to 4.4%, as result the overall indicator has improved from 13.5% to 8.7%. However, we must bear in mind that academic placements expire in August each year and are nationally reset to unknown in August and September so as a result this measure is significantly compromised and impacted upon for this period and may not be a true reflection of the picture.
- 3.53 There were increases for both excess weight in 4-5-year olds and 10-11-year olds compared to the same period last year. The increase in 4-5-year old excess weight was significant at around 12.4% (the largest single year increase seen so far). For 10-11-year olds the increase has continued the developing trend of a year on year increase.
- 3.54 We have seen an increase in the proportion of children in low income families (more children in child poverty, which means Gateshead is significantly worse than both the North East and England rates. However, it is only the second increase in the last 7 periods of data.

### **Achievements, Challenges and Actions**

- 3.55 By Adopting Strength based collaborative approaches in assessments and our interventions with families the confidence of families to discover their own solutions has increased reducing the need to escalate to higher statutory frameworks.
- 3.56 Within the youth Justice Service, we now have proactive volunteers supporting operational delivery and as members of the Out of Court Disposal Panel and the Youth Justice Board.

### **Actions for the next 6 Months**

- xxv. Develop links with community voluntary groups in collaboration with the Councils 'prevention through support' initiative.

## Section B: Performance Overview

(Performance is measured against the position at same time last year - April 18 to September 18)

Indicator	Thrive pledge	Service Director Lead	Target		Most Recent Performance	Direction of Travel	Comments and Actions
			2020	18/19			
<b>TI11</b> - Increase the % of Gateshead schools rated Outstanding	Tackle Inequality	Steve Horne	40%	-	34%	<b>Declined</b>	<ul style="list-style-type: none"> <li>This figure has fallen slightly.</li> <li>Some schools which were 'Outstanding' have been inspected and downgraded. This is due in part to the fact that they were graded 'Outstanding' under an old framework, and the standard has changed considerably.</li> </ul>
<b>TI12</b> - Maximise the % of children offered a place at their preferred primary school	Tackle Inequality	Steve Horne	97%	-	92%	<b>Declined</b>	<ul style="list-style-type: none"> <li>87% of applications were submitted online</li> <li>92% of applications were allocated first preference against a national figure of 90.6%</li> <li>98% of applications were allocated one of their top 3 preferences against a national figure of 97.5%</li> </ul>
<b>TI13</b> - Maximise the % of children offered a place at their preferred secondary school	Tackle Inequality	Steve Horne	95%	-	87%	<b>Declined</b>	<ul style="list-style-type: none"> <li>89.8% of applications were submitted online</li> <li>87% of applications were allocated their first preference against a national figure of 80.9%</li> <li>98% of applications were allocated one of their top 3 preferences against a national figure of 93%</li> </ul>
<b>TI14</b> - Educational Attainment: Increase the % of children achieving good level of development at age 5	Tackle Inequality	Steve Horne	Awaiting Government guidance on future of this indicator		73.4%	<b>Improved</b>	<ul style="list-style-type: none"> <li>This figure is provisional at this stage but shows a rise since last year. It is above the provisional national figure of 71.8% and the provisional regional figure - also 71.8%</li> </ul>
<b>TI15</b> - Reading - Increase the % of children attaining expected standard at the end of KS1	Tackle Inequality	Steve Horne	90%	-	75%	<b>Declined</b>	<ul style="list-style-type: none"> <li>This figure has fallen slightly. Gateshead's outcome is equal to the National average and is ranked 66th out of 151 LAs.</li> <li>Figures for statistical neighbours range from 78% to 72%, and for regional neighbours from 78% to 70%.</li> </ul>
<b>TI16</b> - Writing - Increase the % of children attaining expected standard at the end of KS1	Tackle Inequality	Steve Horne	84%	-	70%	<b>Declined</b>	<ul style="list-style-type: none"> <li>This figure has fallen slightly. Gateshead's outcome is above the National average of 69% (which has also fallen since last year) and is ranked 59th out of 151 LAs.</li> <li>Figures for statistical neighbours range from 72% to 66%, and for regional neighbours from 74% to 66%..</li> </ul>
<b>TI17</b> - Maths - Increase the % of children attaining expected standard at the end of KS1	Tackle Inequality	Steve Horne	90%	-	75%	<b>Declined</b>	<ul style="list-style-type: none"> <li>This figure has fallen slightly. Gateshead's outcome is 1% lower than the National average and is ranked 79th out of 151 LAs.</li> <li>Figures for statistical neighbours range from 78% to 71%, and for regional neighbours from 79% to 71%.</li> </ul>
<b>TI18</b> - Increase the % of children attaining the "expected standard" at the end of KS2	Tackle Inequality	Steve Horne	85%	-	67%	<b>Declined</b>	<ul style="list-style-type: none"> <li>This figure has fallen slightly since last year. It is still above the National average and is ranked 41st amongst 152 LAs. It is top amongst statistical neighbours and 4th amongst regional neighbours.</li> </ul>

Indicator	Thrive pledge	Service Director Lead	Target		Most Recent Performance	Direction of Travel	Comments and Actions
			2020	18/19			
<b>TI19</b> - Raise Attainment 8 – scores of pupils at the end of KS4	Tackle Inequality	Steve Horne	50	-	46.8	Improved	<ul style="list-style-type: none"> <li>This information is unofficial and provisional. It is based on LAs pooling their checking data and does not include the outcomes of marking reviews or other appeals by schools.</li> <li>Gateshead's figure was slightly lower than the national figure last year. However, it has risen more than the national figure this year, which is 46.6, and now exceeds it.</li> </ul>
<b>TI20</b> - Raise progress 8 – scores of pupils at the end of KS4	Tackle Inequality	Steve Horne	-0.03	-	-0.17	Improved	<ul style="list-style-type: none"> <li>This has risen since last year. It is still below zero, despite Attainment 8 being higher than the national figure, because starting points from the end of KS2 were high.</li> </ul>
<b>TI21 - Attainment Gap:</b> Reduce the gap between Attainment 8 and Progress 8 scores of disadvantaged pupils and their non-disadvantaged peers at KS4	Tackle inequality	Steve Horne	To be reviewed following 1st publication of data		-15.2	Improved	<ul style="list-style-type: none"> <li>The provisional and unofficial figure for Gateshead's disadvantaged young people is 37.6 compared to that for their non-disadvantaged peers of 50.8.</li> <li>It is higher than the figure for the NE Region of 34.8, and the National figure of 36.5</li> </ul>
<b>TI22 - Progress 8 Gap:</b> Reduce the gap between Attainment 8 and Progress 8 scores of disadvantaged pupils and their non-disadvantaged peers at KS4	Tackle inequality	Steve Horne	To be reviewed following 1st publication of data		-0.61	Improved	<ul style="list-style-type: none"> <li>This information is from a very early release and is unofficial and provisional and may well change when updates are produced. The figure for Gateshead's disadvantaged young people is -0.63 when compared to non-disadvantaged peers. It is slightly higher (by 0.07) than the figure for the NE Region and 0.17 below the national figure.</li> </ul>
<b>TI23</b> - Attainment of vulnerable children. Raise progress 8 scores of Looked after Children at the end of KS4	Tackle inequality	Steve Horne	0	-	-1.28 (Provisional)	Improved	<ul style="list-style-type: none"> <li>This information is from a very early release and is unofficial and provisional and may well change when updates are produced.</li> <li>The figure for Gateshead's Looked After young people is slightly better than last years. It is very similar to the average for the NE Region and 0.17 lower than the national figure.</li> </ul>
<b>TI24</b> - Raise the Progress 8 scores of vulnerable children - children on Free School Meals	Tackle inequality	Steve Horne	0	-	N/a	Not Known	<ul style="list-style-type: none"> <li>This figure is not known at present as it has not been collated. Rather, the national indicator of FSMever6 (in receipt of free school meals at any time in the last 6 years) has been prepared.</li> </ul>
<b>TI25</b> - Raise the Progress 8 scores of vulnerable children - children with Special Educational Needs (SEN)	Tackle inequality	Steve Horne	0	-	-0.07 (SEN) (Summer 2019 Outcomes) -1.69 (Statement or Care plan) (Summer 2019 Outcomes)	Improved Declined	<p><b>SEN:</b> This information is from a very early release and is unofficial and provisional and may well change when updates are produced. The figure for the group of Gateshead's young people on SEN Support is very close to the national figure for all children and better than the national figure for young people on SEN Support (-0.42).</p> <p><b>Statement or Care Plan:</b> At -1.69 the figure for Gateshead's young people with an Education Health Care Plan is lower than last year's and is lower than the national equivalent of -1.17.</p>

Indicator	Thrive pledge	Service Director Lead	Target		Most Recent Performance	Direction of Travel	Comments and Actions
			2020	18/19			
<b>SC7</b> - Reduce NEET rate (% not in education, training or employment as a proportion of 16-18 year olds)	Tackle inequality	Val Hall	4.8%	-	NEET 4.4% Not Known 4.3% Overall 8.7%	Improved	<ul style="list-style-type: none"> <li>The annual scorecard period is December, January and February as the key performance period post the completion of the activity survey. The data provided is the latest KPI data set at the end of August and is not a sixth month average.</li> <li>As academic placements expire in August each year and are nationally reset to unknown in August and September this measure is significantly compromised and impacted upon for this period.</li> <li>However, Gateshead is lower than the North East average and is one of 5 north east LA's that is not more than 50% above the England average.</li> <li>The monthly KPI data for Mar-July remained at NEET 4.6% Not Known 0.4% overall 5.0% (18/19 NCCIS monthly data sets).</li> </ul>
<b>PF1</b> - The number of eligible 2 year olds accessing their free early learning place)	People and families	Val Hall	To be agreed	85%	85.9% (No Child Count) (September 2019)	Improved	<ul style="list-style-type: none"> <li>The take up of the 2-year-old free entitlement in Gateshead has remained static whilst both at a national and regional level this has dropped, according to the Statistical 1st Release July 2019 (based on January 2019 take -up).</li> <li>Gateshead has the 15th highest take-up rate of all 152 local authorities, placing Gateshead in the top 10% of authorities. In the Summer term, 2019, take up was 85.9% (783 children out of 911 children on the January 2019 DWP list).</li> </ul>
<b>PF2</b> - Work with families– National Doubled Families Programme - Number of families engaged by families Gateshead	People and families	Val Hall	1930 families		2301 Families	Improved	<ul style="list-style-type: none"> <li>2301 families attached to the Families Gateshead as of 30th September 2019</li> <li>Payment by Results: 1439 successful claims as of 30th September 2019</li> <li>Target is 1930 successful claims by 31st March 2020</li> </ul>
<b>PF3</b> - Support for young carers	Invest in our Economy	Val Hall	85	-	54 Referrals (Apr 19 – Sep 19)	Improved	<ul style="list-style-type: none"> <li>The number of referrals are similar to last year</li> <li>The figures are always lower this time of year due to schools being busy with exams and then the school holidays.</li> <li>Self-referrals also drop at this time as families are busy during the holidays.</li> </ul>
<b>WT5</b> - First Time Entrants into youth justice system aged 10-17 (12-month lag PNC Rate per 100,000 of Population 10-17 yr. olds Rolling 12 Month)	Working together	Val Hall	398 per 100k (70 FTE)	-	76 per 100k (13 FTE) (April 19 – Sep 19)	Declined	<ul style="list-style-type: none"> <li>While compared to the previous 6 month report performance has declined, the picture is more positive around performance recently.</li> <li>There has been a total of 9 FTE (First Time Entrants) during the latest period (<b>Jan 2019 to Mar 2019</b>).</li> <li>This is calculated as a rate of <b>53</b> as the YJB (Youth Justice Board) represents this target (per 100,000 of the 10-17 population)</li> <li>There has been an <b>44%</b> decrease when compared to the previous quarter, in which there were 16 FTEs reported. This was a <b>10%</b> reduction from the same period this time last year in which there were 10 FTEs reported.</li> <li>YJB published data obtained through PNC for 12 months (<b>Apr 2018 to Mar 2019</b>) reports <b>51</b> FTEs which is a rate of <b>298</b> (per 100,000 of 10-17 population). This is a <b>36.5%</b> decrease year-on-year.</li> <li>This is lower than the Northumbria PCC area average for this period (332), but higher than the National average (222). FTE data obtained through the Gateshead YOTs Case Management System also reports <b>51</b> FTEs for the same period.</li> </ul>

Indicator	Thrive pledge	Service Director Lead	Target		Most Recent Performance	Direction of Travel	Comments and Actions
			2020	18/19			
<b>WT6</b> - Custody – Use of custody rate per 1000 of 10-17 years population	Working together	Val Hall	Maintain low number of young people		0.00 per 1k (0 custodial sentence) (April 19 – Sep 19)	<b>No change</b>	<ul style="list-style-type: none"> <li>There has been <b>0</b> custodial sentences during this period (April to June 2019).</li> <li>The latest YJB published data for <b>July 18 to June 19</b> shows the 12-month rate of Custody for Gateshead at <b>0.12</b>, this represents 2 custodial sentences in the 12-month period. This is level with the Northumbria PCC regional average for this period (0.12) but below the National average (0.27).</li> </ul>
<b>WT1</b> - % of mothers smoking at the time of delivery (Rate of smoking at time of delivery)	Working together	Alice Wiseman	9.9%	-	<b>15.1%</b> (2017/18)	<b>Declined</b>	<ul style="list-style-type: none"> <li>Indicator update is due for December 2019</li> <li>This is the second increase in the % of mothers smoking at time of delivery in the last two years from its previous lowest point in 2015/16</li> <li>Gateshead is significantly higher than the England rate (10.8%) but we are lower though not significantly lower than the North East rate (16.3%)</li> <li>Gateshead has the 4th lowest rate of the 12 North East LA's and the 4th lowest rate of its 16 comparable CIPFA LA's</li> <li>When compared to the 152 English UTLA's Gateshead has the 31st Highest rate in the England.</li> </ul>
<b>SC1</b> - Reduce Excess weight 4-5 year olds - excess weight =Obese/overweight	Support our Communities	Alice Wiseman	18.1%	-	<b>25.3%</b> (2018/19)	<b>Declined</b>	<ul style="list-style-type: none"> <li>Gateshead is now significantly higher than the England rate of 22.6% for the first time since 2013/14 and we are higher but not significantly higher than the North East rate (24.3%) for the first time since 2013/14.</li> <li>This is Gateshead's highest prevalence of excess weight at 4-5 year olds since 2009/10 and our joint 2<sup>nd</sup> highest in the published 12 years of data.</li> <li>The increase for 2018/19 is the highest % point and the highest overall percentage increase since 2013/14</li> <li>When compared to the national picture Gateshead has the 23<sup>rd</sup> highest level of excess weight amongst reception age children out of the 150 English LA's with a recorded level. change on the previous 6-month report</li> </ul>
<b>SC2</b> - Reduce excess weight 10-11 yr. olds (excess weight =Obese/overweight)	Support our Communities	Alice Wiseman	25%	-	<b>37.8%</b> (2018/19)	<b>Declined</b>	<ul style="list-style-type: none"> <li>Gateshead is higher but not significantly higher than the North East rate of 37.5% and is still considered significantly higher than the England rate of 34.3%.</li> <li>As a result of this latest increase Gateshead has now seen its Excess weight levels decrease by only 1.3% since 2007/08 (38.3%) this is despite an almost continually decrease in the levels up to 2014/15.</li> <li>When looking at the national picture Gateshead has the 42<sup>nd</sup> highest level of excess weight amongst year 6 age children out of the 150 English LA's with a recorded level change on the previous 6-month report</li> </ul>
<b>WT3</b> - Hospital admissions for self-harm rate per100,000 (aged 10-24 years)	Working together	Alice Wiseman	Reduce	Reduce	<b>386.1 per 100,000</b> (2017/18)	<b>Improved</b>	<ul style="list-style-type: none"> <li>Indicator update is due in March 2020</li> <li>This is Gateshead's lowest rate per 100,000 since the data was first published in 2011/12 and is lower than the North East (458.0) and the England value (421.2).</li> <li>Gateshead is still on course to meet the stated 5-year (19/20) target of reducing the rate per 100,000.</li> <li>Gateshead has the 5th lowest rate of the 12 North East LA's, the 5th lowest rate of its 16 comparable CIPFA neighbours and the 3rd lowest rate of its 10 comparable Children's services statistical neighbours.</li> <li>Compared to the other 152 English UTLA's Gateshead has the 90th highest rate in England.</li> </ul>

Indicator	Thrive pledge	Service Director Lead	Target		Most Recent Performance	Direction of Travel	Comments and Actions
			2020	18/19			
<b>SC8</b> - Reduce the % of children in low income families (children in poverty)	Support our Communities	Alice Wiseman	19.0%	-	<b>20.5%</b> (2016)	<b>Declined</b>	<ul style="list-style-type: none"> <li>This is Gateshead highest % of children in low income families since 2013</li> <li>Gateshead is significantly worse than both the England (17.0%) and the North East rate (22.2%)</li> <li>Gateshead has the 4th lowest rate of the 12 North East LA's and the 8th highest of its 16 comparable CIPFA LA's</li> <li>We have the 50th highest rate of the 152 UTLA's in England</li> </ul>
<b>TI26</b> - Numbers of children subject to a child protection plan	Tackle inequality	Elaine Devaney	54 per 10k	-	<b>60.6 per 10k</b> (September 2019)	<b>Improved</b>	<ul style="list-style-type: none"> <li>At the end of September 2019, there were 240 children on child protection plans (60.6 per 10,000).</li> <li>This represents a 26.6% decrease from the figure reported in September 2018, and whilst the rate remains higher than the England (45.3) and Statistical Neighbour (57.5) rates, it is in line with the North East rate (65.7).</li> </ul>
<b>IIOE2</b> - Ensure young people leaving care and homeless are supported to have a safe place to live, appropriate and sustainable accommodation	Invest in our Economy	Elaine Devaney	100%	100%	<b>99%</b> (September 19 Provisional)	<b>Improved</b>	<ul style="list-style-type: none"> <li>Data is provisional for September 2019 until submitted and validated through statutory returns processes. So, may be subject to small changes.</li> <li>As at September 2019 1 care leaver has been identified as being in unsuitable accommodation (in custody). This is an improvement from March 19 when there were 2 care leavers in unsuitable accommodation.</li> </ul>
<b>IIOE3</b> - Ensure young people leaving care are supported to be in education, employment, apprenticeships and training	Invest in our Economy	Elaine Devaney	71%	71%	<b>58%</b> (September 19 Provisional)	<b>Improved</b>	<ul style="list-style-type: none"> <li>Data is provisional for March 2019 until submitted and validated through statutory returns processes. So, may be subject to small changes.</li> <li>There are 133 care leavers on our caseloads and 77 have been identified as being in some form of EET (58%). If looking at just those that we are in touch with (113), the overall percentage would increase to 68%.</li> </ul>
<b>IIOE4</b> - Equality Target: Ensure young people leaving care are supported to have an opportunity in the Council for an apprenticeship	Invest in our Economy	Elaine Devaney	-	-	<b>2 Apprenticeships</b>	<b>N/A</b>	<ul style="list-style-type: none"> <li>We have previously never had 6-month performance data for this indicator, it has only ever been an end of year total</li> </ul>
<b>TI27</b> - Measure the percentage uptake of free school meals at primary level	Invest in our Economy	Lindsay Murray	-	-	<b>81.67% Average uptake (Apr 19 – Sep 19)</b>	<b>N/A</b>	<ul style="list-style-type: none"> <li>This is a brand-new indicator for this 6-month report.</li> <li>Uptake is usually slightly lower than average at the start of each academic year as pupils are unfamiliar with the new menu, and reception intake pupils are new to school meals entirely. We would expect this to pick up again by October / November time.</li> </ul>

**TITLE OF REPORT:** Review of Children's Healthy Weight in Gateshead  
- Six-month update November 2019

**REPORT OF:** Alice Wiseman, Director of Public Health, Care  
Wellbeing and Learning

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## **SUMMARY**

Obesity is a major risk to health across the life course in England: 1 in 5 children start school either overweight or obese: the proportion rises to 1 in 3 of primary school leavers. For adults, around 2 in 3 are an unhealthy weight. It is an issue where there are marked and enduring inequalities with the prevalence in children living in the most deprived areas, around twice that in the least deprived.

The Director of Public Health's Annual Report for Gateshead (2018), focused on obesity, highlighting how societal changes over recent decades have exacerbated our risk of obesity. The report recognises the complexity of the issue and that it is important that we move away from the idea that obesity is caused by 'lifestyle choices' and instead recognise that the true causes of obesity are often a result of environmental, social, political and economic pressures.

The evidence is very clear that policies aimed solely at individuals will be inadequate and will not be sufficient to reverse this trend. Significant effective action to prevent obesity which takes account of the social, economic, environmental, commercial and political determinants is required. Action should be taken at a population level.

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## **Background**

Following consultation with councillors the Committee agreed its annual work programme for 2018/2019 and that as part of this programme it carried out a review of healthy weight in Gateshead. The review was carried out over a six-month period and the final report and recommendations were presented to the Committee in April 2019. The final report was also presented to Cabinet on 24 April 2019 by Councillor Oliphant.

## **Update on recommendations**

1. The final report sets out ten recommendations which were agreed by the Committee. The following paragraphs outline progress to date against each recommendation.

### **Recommendation 1: A whole System Approach.**

The Council is in an influential position to help lead positive change in how obesity is tackled. A whole system approach to obesity provides the process and methods to do this and demonstrates a genuine 'health and wellbeing in

all policies' approach. Gateshead Council will work with stakeholders and communities to develop an ambition for a healthy weight generation in Gateshead.

**Proposed action- The first in a series of whole system healthy weight workshops, utilising tried, and tested material will be starting in March 2019.**

2. **Update-** Gateshead was selected as one of the local authorities from March 2019 to pre-test the whole system guide and set of resources produced by Public Health England to support local authorities implementing a whole systems approach to address obesity. Gateshead feedback comments on the practical application of the guide and a finalised guide was published in Spring 2019 for local authorities and partners to implement.  
<https://www.gov.uk/government/publications/whole-systems-approach-to-obesity>
3. The Council has led on the delivery of 4 healthy weight workshops to date from March 2019, to November 2019 led by Public Health.
4. The healthy weight workshops have included partners from the voluntary and community sector, Private Sector, Gateshead/Newcastle CCG, Gateshead Health NHS Foundation Trust, The National Trust, Sport England, Tyne and Wear Sport, The Stroke Association, NHS Harrogate Trust, Cancer Research UK, Public Health England and Northumbria University. Local authority representatives include, school meals, neighbourhood management, commissioning, planning and transport, leisure, school sports partnership, poverty lead, early years leads to name a few.
5. The workshops have systematically worked through the whole systems guidance, as part of the 6-phase process. The workshop includes the following stages and the partnership has progressed to stage 3 and 4.
  - a. Phase 1 -Set up
  - b. Phase 2- Building the local picture
  - c. Phase 3 -Mapping the local system
  - d. Phase 4-Action
  - e. Phase 5-Managing the systems network
  - f. Phase 6-Reflect and Refresh
6. In Gateshead we have used the guide to reflect what we have in place, consider the local drivers, extend our stakeholders, use the tools to identify local needs and wants. The next stage of the workshop in February is to continue to bring stakeholders back together to identify areas to intervene in the system to affect change with short term and longer terms actions identified.

### **Recommendation 2: Clear Leadership**

The Council has the opportunity to be a lead organisation in this whole-system approach. The first step to this will be to develop a vision for a healthy weight generation through the strategic alliance group and engage with key system stakeholders to gain buy-in. This leadership role is crucial in developing a workable whole systems approach.

**Proposed Action – Gateshead will have a shared vision and commitment to the Healthy weight agenda, with medium- and short-term actions that work towards the end vision: 20-year vision, 5-year strategy and a 1-year plan.**

7. **Update.** An overview and update was provided to Gateshead Health and Wellbeing Board at the October 2019 board meeting. The Board reiterated its support of the vision of a healthy weight for all and has requested bi-annual updates on progress. A whole systems approach for Gateshead is entirely consistent with the Council's ambition to make Gateshead a place where everyone thrives and is underpinned by the following aspirations:
  - a. Ensure Gateshead is a place where everyone thrives.
  - b. In Gateshead everyone is able to achieve and maintain a healthy weight.
  - c. Promote an environment that supports healthy weight and wellbeing as the norm.
  - d. Supporting our communities and families to become healthier and more resilient, which includes addressing the wider determinants of health
8. As part of the whole systems working group, work is in the early stages but has started to inform the production of the shorter term and longer-term priorities for Gateshead. This will be updated as part of next progress report.

### **Recommendation 3: Strategic and Operational group.**

Creation of a strategic steering group to consider the vision for a healthy weight generation for Gateshead and to decide priorities.

**Proposed Action – Workshop events to consult with a wide range of stakeholders to inform delivery and the creation of a 'Healthy Weight strategic Alliance.'**

9. **Update.** The Gateshead Healthy Weight Alliance has been formed to guide and oversee the strategic direction of the healthy weight agenda in Gateshead. The strategic group is in its early stages and is in the process of producing a clear plan of priorities. The membership of the Alliance includes the Council, community and voluntary sector, foundation trust and the CCG are represented. Membership will be reviewed as the group and work develops.

### **Recommendation 4: Health in all policies approach (HiAP)**

Promotion of a health and wellbeing in all policies approach to ensure that the Council gives due consideration to the impact of its decisions on obesity.

**Proposed Action – Develop a framework for taking this work forward and to support whole systems working.**

10. **Update.** Framework yet to be developed by strategic healthy weight alliance group. Health in all policies (HiAP) approach is highlighted in all work with partners e.g. planning, education, health, community neighbourhood teams, in terms of actions and their impact on healthy weight e.g. housing developments.

**Recommendation 5: Focus on inequalities**

A focus on strategies to address the healthy weight agenda across the social gradient.

**Proposed Action – to focus efforts on those facing greatest challenge alongside a focus on high risk groups e.g. learning disabilities, pre-pregnancy, pregnancy, infancy and early childhood are critical periods for interventions to reduce obesity and inequalities.**

11. **Update.** Gateshead have been part of the regional work 'A weight off your mind' led by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. The work has led to the development of a plan for people with lived experience of mental health conditions and/or learning disabilities to support them maintain a healthy weight. Local action plans and advice and support have been devised and this group continue to meet to review the work
12. The 0-19 years 'Growing Health Team' (health visitors and school nursing services) provided by Harrogate NHS, has now a dedicated infant feeding and nutrition lead This provides a key focus for breastfeeding, weaning and nutrition for the crucial early years period and also support the healthy weight agenda for school children.
13. Working with the 'Regional Local Maternity Systems Co-ordinator' following the Obesity in Pregnancy Self-Assessment Tool. The plan has identified areas for action pre and postpartum for healthy weight in Gateshead. The Regional Local Maternity Systems Co-ordinator' sits on the Strategic Alliance Group and the actions will form part of the short- and longer-term plans once produced.
14. Work has undertaken by a QE hospital Paediatrician and health visitors to measure BMI in children 2 years old. The pilot has recorded children's weight status and engaged parents with young children and identified the barriers they face in tackling diet and weight issues with their children. This stage of measuring allows early identification of children who may need additional support.

**Recommendation 6: Long Term Commitment**

The need for long-term strategies spanning several generations and beyond traditional planning cycles. Longer term commitment is needed from all partners in Gateshead and lessons learnt from tackling smoking, is that it

takes longer than 5 years for the impact of public health work to come to fruition.

**Proposed Action – The development of a joint: 20- year vision, 5-year strategy and a 1-year plan for Gateshead’s healthy weight ambitions.**

15. **Update.** The development of short term and long-term plans have not been full completed and part of the roles of the operational and strategic alliance group. An update will be provided on the plans at the next progress update.

**Recommendation 7: Healthy Weight Declaration**

To establish a healthy weight declaration for Gateshead working with partners to understand the contribution of each partner and ensure commitment to action through a multi-agency partnership.

**Proposed Action – Local declaration developed for Gateshead, in recognising the need to implement and promote policies which promote healthy weight.**

16. **Update.** Gateshead are one of the first areas regionally to sign up to the Healthy Weight Declaration, in partnership with Food Active. The declaration is focused on population level interventions which take steps to address the social, environmental, economic and legislative factors that affect people’s ability to change their behaviour.

17. The declaration includes 14 standard commitments whereby Local Authorities pledge support to achieve action on improving policy and healthy weight outcomes in relation to specific areas of the council’s work and with wider partners. The Health and Wellbeing Board have received a paper outlining the healthy weight declaration commitments and have supported the commitment in principle. The next stage is to consult on the 6 local priorities with members, employees, partners and the community by January 2020.

18. The partnership work of the strategic alliance and healthy weight workshops are being used to prioritise 6 local commitments for the declaration, relevant to local needs and aspirations of Gateshead. Consultation with wider council staff will be carried out in January on the portal. Early discussions from the workshops have highlighted areas such as:
- a. Increasing active travel and improving air quality
  - b. Influencing the council food offer to promote a healthy weight
  - c. Influencing planning and design for a healthy environment.
  - d. Early intervention pre-conception for a healthy weight.

**Recommendation 8: Community led interventions**

Tackling obesity as part of a placed-based, approach driven by the community. Work with and enhance the assets that already exist within in the community so that interventions to tackle obesity are co-produced as part of a placed-based approach.

**Proposed Action – Build on the 'Fit for the Future' work which is a good example of a community centred approach to address health inequalities and to promote healthy weight to children and families.**

19. **Update.** Consultation work has started with the Gateshead Young People's Assembly and Gateshead Health NHS Foundation Trust. The work is focused on the lived experiences of young people and the impact of the food environment on the food choices linked to health inequalities. The findings will help to shape some of the food environment work happening in Gateshead.
20. Gateshead was requested to present as part of the member led symposium at UK Congress on Obesity (UKCO) in September 2019 Leeds. This was to share early learning from the collaboration between Gateshead Council, Newcastle University and Fuse. To inform our strategic approach we are working in collaboration with Newcastle University and an embedded researcher, who is focussing on austerity and nutrition. We are exploring the social determinants of food insecurity and its nutritional impact on women and their young children. The work is at an early stage but will help us to understand the impact of austerity on our community and especially vulnerable population groups in Gateshead.

**Recommendation 9: Tackling food advertising/promotion (HFSS)**

Support advocacy for policy changes at a national level by lobbying efforts to prevent and reduce obesity to encourage national policymakers to devise effective public health policy interventions across the system e.g. advertising and promotions.

**Proposed Action – Lobbying for local government to be given more powers to impose restrictions to meet local priorities.**

21. **Update.** Initial work has started looking at restrictions on advertising and promotion of high salt, sugar and fat food and drink on the local transport system. This builds on the work currently being implemented on the London Transport System. Gateshead public health are part of the regional sub group of public health leads taking this forward.
22. Gateshead provided an extensive response on the consultation to end the sale of 'Energy drinks' supporting the ban and on 'calorie labelling for food and drink served outside the home'. We are awaiting a national response on the consultation to inform future policy.

**Recommendation 10:**

**Achieving a balance between population level measures and more targeted interventions.**

**Proposed Action – Gateshead is committed to a population approach which includes a focus on the design of the built environment to promote walking and active transport, building health into infrastructure through careful investment and seeking to reduce exposure to the obesogenic diet by focusing on energy density of foods and sugar-rich drinks. Gateshead is also committed to develop approaches to help**

**those who are already obese or considered to be at high risk of becoming obese, with a clear focus on children and young people.**

23. **Update.** Since September 2019, Gateshead have been part of a national project with Public Health England focusing on Planning and the food environment as part of a population approach. The aim is to help inform and support Planning teams to have a positive impact on the food environment.
24. Gateshead is supporting the regional daily mile programme, which is a targeted approach which contributes greatly to achieving the required 30 minutes of school-time activity recommended by the Chief Medical Officers. Approximately 30% of Gateshead schools are engaged with the programme and this has been closely aligned in a partnership approach with the school sport partnership and their health and wellbeing offer to schools.
25. Work is progressing with planning colleagues and in partnership with Newcastle University to improve our understanding of the link between green infrastructure and health and wellbeing at a local level. This work will support the council to develop interventions that can improve health outcomes for residents in terms of green infrastructure. This work is due to be completed in February 2020.
26. Workplace interventions for staff have included working with the catering lead and vending providers to implement healthier alternatives. This work has resulted in only sugar free drinks being available in all council facilities. Work is ongoing with the vending provide in terms of healthier snacks based on the NHS pilot work in Leeds being available.

### **Next steps**

1. The committee is asked to note and comment on the update of the healthy weight review 6 monthly update.
2. The committee is asked to receive a further update in six month's time when the recommendations will have been progressed further.

**Contact: Alice Wiseman Ext 2777**

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**TITLE OF REPORT: Health and Wellbeing Strategy development**

**REPORT OF: Alice Wiseman, Director of Public Health**

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## **Summary**

This report gives an update on progress in developing a new Health and Wellbeing Strategy for Gateshead and asks the view of the OSC on the proposed strategy.

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## **Background**

1. The previous strategy, “Active, Healthy and Well Gateshead”, was written in 2013 and covered the period up till 2016.
2. During 2017-18 the council and partners signed up to the strategic approach and pledges to “make Gateshead a place where everyone thrives”.
3. Health and Wellbeing Board agreed a refresh of the Gateshead Health and Wellbeing Strategy in September 2018. The approach followed has been to establish an inclusive steering group to strengthen focus on the wider determinants of health; including economic development, housing, environment and policy and supported by Cabinet Member for Health and Wellbeing and Chair of the Health and Wellbeing Board.
4. We held a conference on the Marmot 10-year review of “Fair Society, Healthy Lives” in January 2019 with over 80 attendees contributing to and helping to shape the strategy, and a follow up session for council officers, partners and councillors in July 2019 on initial thinking in developing a new strategy.

## **Proposals**

5. The proposed vision of the new Health and Wellbeing strategy is; “A job, a home, good health and friends”. This reinforces the approach which recognises the need to address the wider determinants of health in order to reduce health inequalities. It changes the focus of previous approaches which addressed health behaviours to influence lifestyle choices.
6. The focus of the new strategy is based upon the aims taken from the Marmot work “Fair Society, Healthy Lives” focusing on health inequalities. This builds on the issues identified from the 2017 DPH annual report – “Inequalities: it never rains but it pours”.

7. We are proposing to adopt the 6 aims from the Marmot report (2010) as the core of our new strategy;
  - Give every child the best start in life, with a focus on the first 3 years of a child's life;
  - Enable all children, young people and adults to maximise their capabilities and have control over their lives;
  - Create the conditions for fair employment and good work for all;
  - Ensure a healthy standard of living for all;
  - Create and develop sustainable places and communities; and
  - Strengthen the role and impact of ill health prevention.
8. A series of engagement events to raise awareness of and seek contributions to the development of the new strategy is currently taking place, involving councillors, partners and residents. This includes discussion at all of the OSCs scheduled for November and December.
9. A powerpoint presentation will be provided for OSC members which will outline the draft Health and Wellbeing Strategy.

#### **Issues for the Committee to consider**

10. When considering the powerpoint presentation the Committee is asked to consider and give its views on the following:-
  - Do you agree with our vision?
  - Are the areas of focus the right ones?
  - What are the gaps?
  - What would success look like in Gateshead?
  - Any further issues to consider?

#### **Recommendations**

11. The views of the OSC are sought on the proposed strategy.

<b>Contact:</b> Alice Wiseman	<b>Extension:</b> 2777
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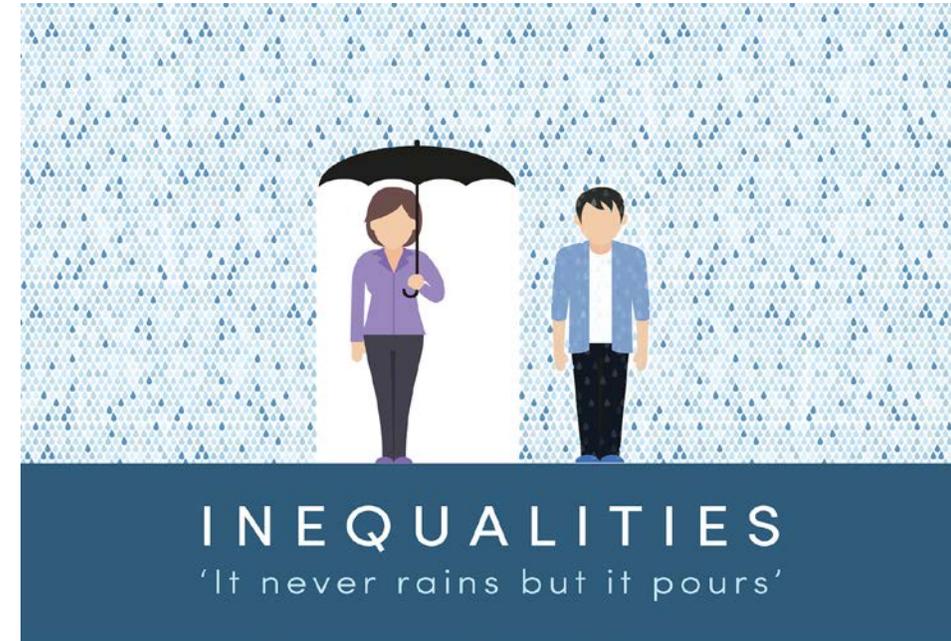
# 'A job, a home, good health and friends'

Gateshead's Health and Wellbeing Strategy 2020



# Background

- **THRIVE** is our agreed strategic approach
- Our Health and Wellbeing Strategy is out of date
- Different context with new challenges e.g. Impact of austerity and welfare reform
- Need to address continuing inequalities
- Health and Wellbeing Board recognise the need to more directly influence the wider determinants of health
- Need to engage a wider group of stakeholders



# We want Gateshead to be a place where everyone thrives



We know that over 50% of people and families in Gateshead are either managing or just coping and over 30% are in need or in vulnerable situations. We want to change those statistics and aim to make Gateshead a place where everyone thrives.





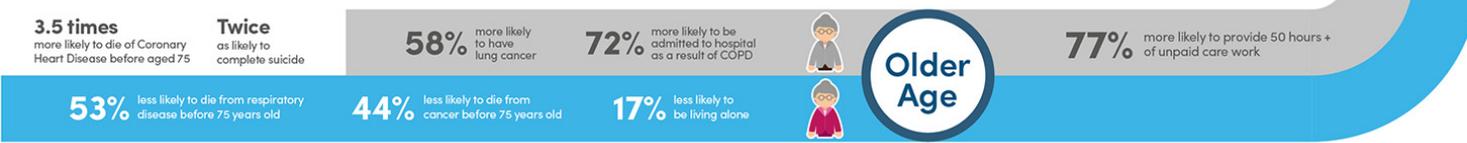
# A tale of two babies



Most affluent



Most deprived



'Poverty is not an accident. Like slavery and apartheid, it is man-made and can be removed by the actions of human beings.' Nelson Mandela

# Council pledges

**We have developed five pledges to help guide our decision making:**

- Put people and families at the heart of everything we do
- Tackle inequality so people have a fair chance
- Support our communities to support themselves and each other
- Invest in our economy to provide sustainable opportunities for employment, innovation and growth across the borough
- Work together and fight for a better future for Gateshead



# We aim to:

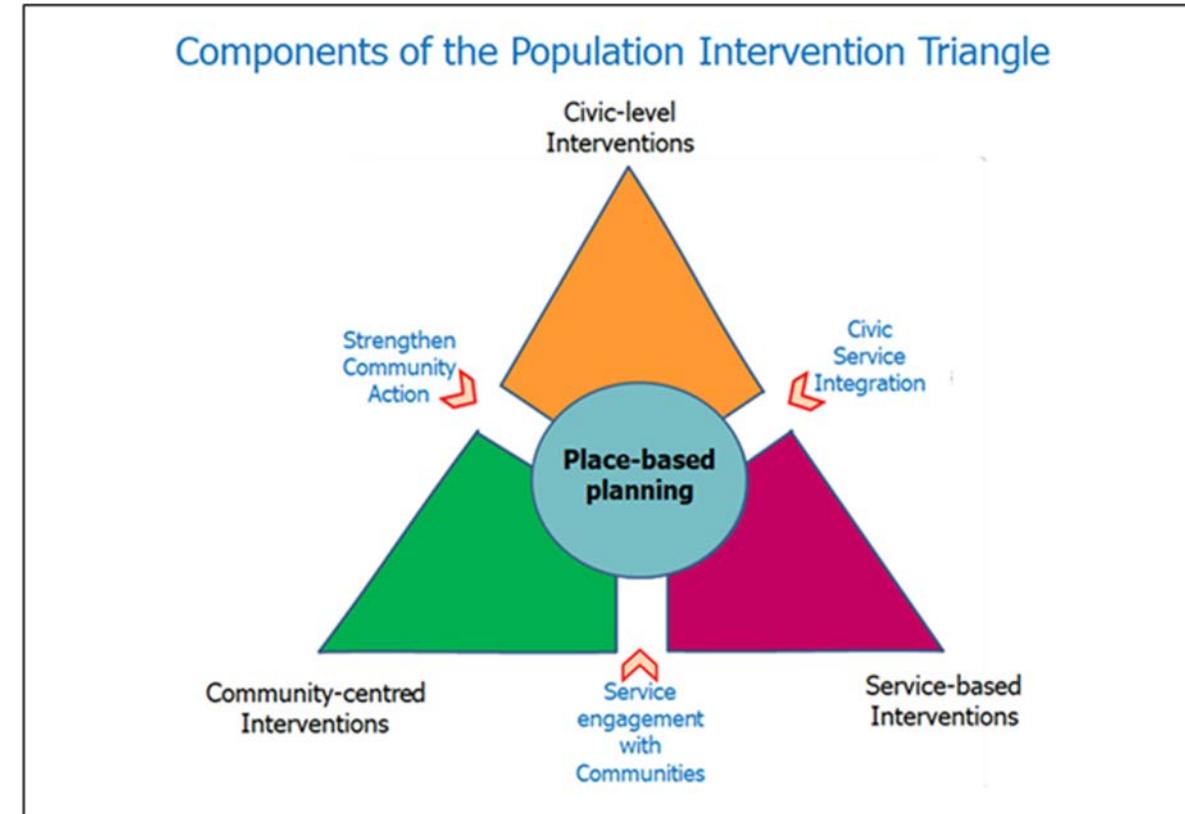
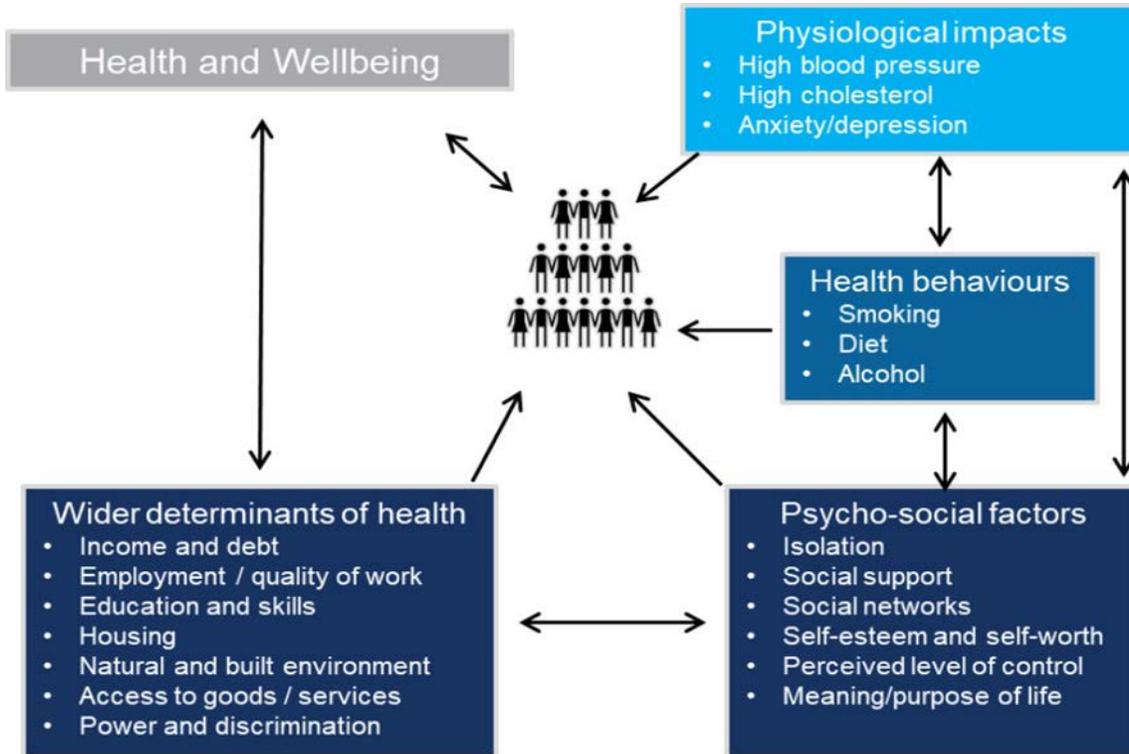
- Give every child the best start in life, with a focus on the first 3 years of a child's life
- Enable all children, young people and adults to maximise their capabilities and have control over their lives
- Create the conditions for fair employment and good work for all
- Ensure a healthy standard of living for all
- Create and develop sustainable places and communities
- Strengthen the role and impact of ill health prevention

(MARMOT 2010)



# Our approach:

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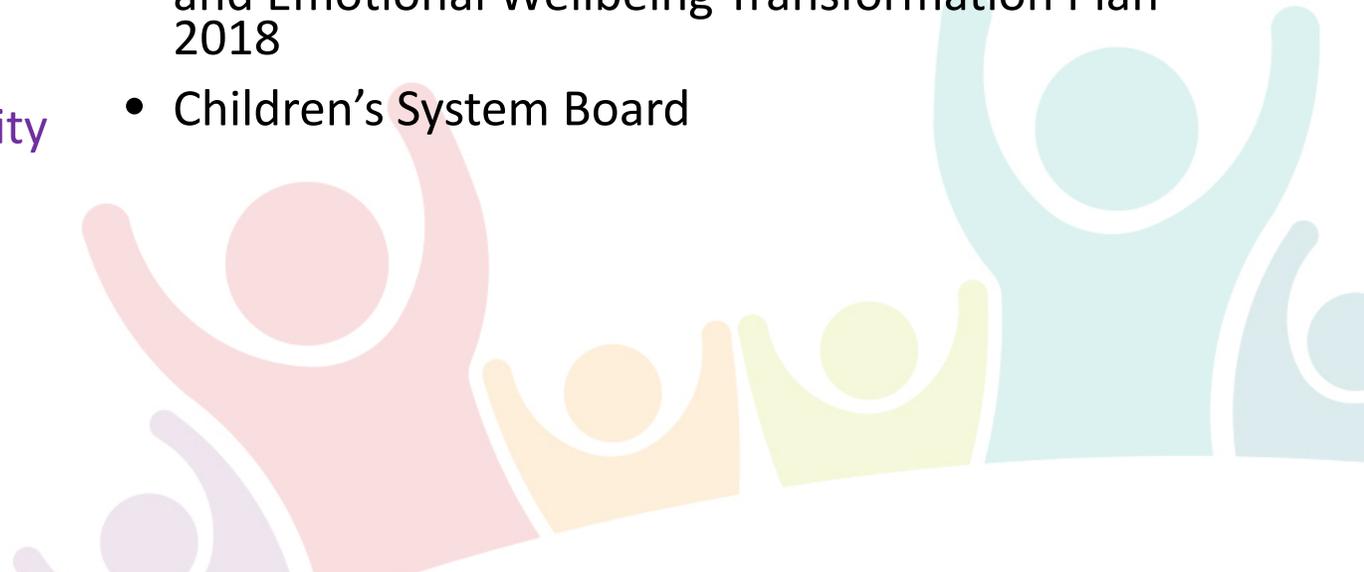
# Give every child the best start in life (with a focus on the first 3 years)

## The action we will take

- Focus efforts on facilitating confident, positive and resilient parenting, delivered in a targeted way
- Increase the focus of existing expenditure on early years development so that it is invested where it is needed most
- Build the resilience and well-being of young children from all backgrounds
- Ensure the provision of high-quality maternity services, parenting programmes, childcare and early year's education to meet need
- Develop a framework to support Gateshead as a child friendly place

## We will deliver this through

- Early Help Strategy
- Gateshead Safeguarding Children Partnership
- Children in Care and Care Leaver's Strategy 2018
- Children and Young People's Mental Health and Emotional Wellbeing Transformation Plan 2018
- Children's System Board



# Enable all children, young people and adults to maximise their capabilities and have control over their lives

## The action we will take

- Focus efforts on creating the conditions for people to enjoy positive emotional health and well-being
- ensure the views and opinions of local people are represented in all aspects of our work, through our democratic process and asset-based community development approaches
- focus on improving educational achievement and acquisition of Skills for life

## We will deliver this through

- Mental Health and Well-being Network
- Our approaches to community development
- Our Learning and Skills steering group
- Culture Strategy
- Economic Plans



# Create the conditions for fair employment and good work for all

## The action we will take

- Help to create conditions for local wealth and economic growth across Gateshead
- support sustainable, diverse and flexible opportunities for employment, innovation and growth
- Support people who are disadvantaged in the labour market to obtain, sustain and progress in work
- encourage employers to create or adapt jobs that are suitable for vulnerable people
- Promote flexible working patterns to balance work and wellbeing
- support employers to implement guidance on managing stress and promote wellbeing and good physical and mental health at work
- support our partners to provide apprenticeships and employment for local residents
- encourage local enterprise through self-employment and the development of community led, cooperative employment opportunities
- review current ways of working and consider how different models of provision might better meet the needs of local communities

## We will deliver this through

- Gateshead's Local Plan
- Culture Strategy
- North East Joint Transport Plan
- Gateshead Goes Local, Community Led Local Development
- Economic Plans



# Ensure a healthy standard of living for all

## The action we will take

- commission advice, information and guidance which is local to and meets the needs of individuals
- promote the real living wage across Gateshead employers
- maximise household income and improve financial capability to create the best possible financial wellbeing
- encourage the establishment of Credit Union facilities in all our communities
- support community-based initiatives such as alternative food production, recycling of waste food, goods and services
- advocacy for vulnerable people and communities to access local services

## We will deliver this through

- Gateshead Strategic Partners
- Tackling Poverty in Gateshead board
- Primary Care networks
- Economic Plans



# Create and develop sustainable places and communities

## The action we will take

- develop policies embedding health, to reduce the scale and impact of climate change and health inequalities
- maximise and make accessible to all, the positive impact of our natural environment
- ensure that health is a key factor in all planning considerations
- actively support measures that deliver clean air and environmental improvements, including energy efficiency
- prioritise actions that remove barriers to community participation and reduce social isolation
- provide good quality, affordable housing choice and security throughout a person's life

## We will deliver this through

- Gateshead's Local Plan
- Economic Strategies
- Housing Strategy
- Culture strategy
- North East Joint Transport Plan



# Strengthen the role and impact of ill health prevention

## The action we will take

- prioritise prevention of ill-health at all levels and support people to make healthy life choices
- ensure our health and social care services support people throughout their life, providing integrated care and support at the right time and in the right place.
- Integrate how we plan and make decisions for health, social care and housing and how services respond to needs where people live
- monitor the health of people in Gateshead
- make best use of how we spend all of our resources in Gateshead to deliver best possible health outcomes
- design how we work and what we do together to recognise and facilitate effective social prescribing approaches
- use a Make Every Contact Count approach to empower people to connect and make positive changes to their lifestyles.

## We will deliver this through

- Integrated Gateshead Health and Care System
- Integrated planning, performance and commissioning plan
- Public service reform



# Next Steps:

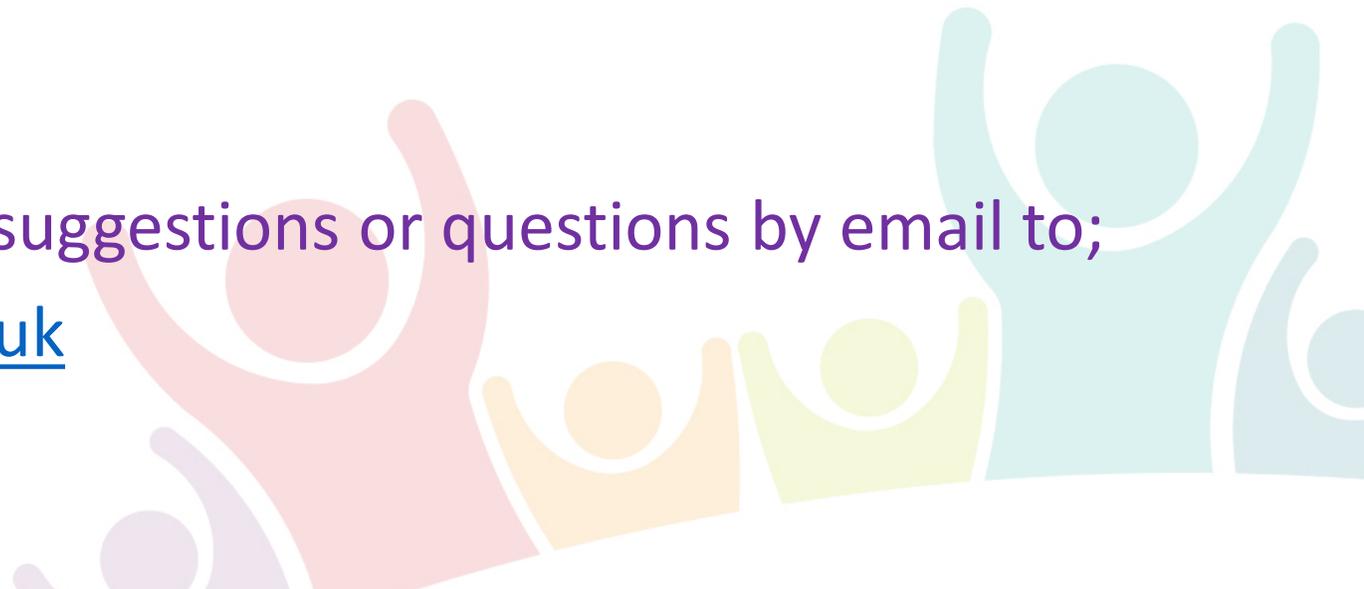
- Further engagement underway
- Finalise strategy – December
- Seek approval from Health and Wellbeing Board
- Aim to launch in Spring 2020
- Action Planning to deliver the strategy



# Discussion:

- Do you agree with our vision?
- Are the areas of focus the right ones?
- What are the gaps?
- What would success look like in Gateshead?
- Any further issues to consider?

Please feedback any comments, suggestions or questions by email to;  
[lynnemcmahon@gateshead.gov.uk](mailto:lynnemcmahon@gateshead.gov.uk)



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**TITLE OF REPORT:** Youth Justice Service

**REPORT OF:** Caroline O'Neill, Strategic Director, Care, Wellbeing and Learning

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## Summary

To provide an update on the Youth Justice Service key priorities for 2018/19 and performance against First Time Entrants (FTE) and Custody indicators.

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### 1 Introduction

1.1 The Youth Justice Service has an annual requirement to produce a Youth Justice Plan to comply with the conditions of the grant provided by the Youth Justice Board to Local Authorities.

### 2 Background / Context

2.1 It was agreed that the Youth Justice Board should report to the Families Overview and Scrutiny Committee (OSC) to update and seek the views of members on the annual strategic plan. This process began in October 2018 and a subsequent update progress against priorities and performance indicators is outlined below.

### 3 Key Priorities for the YOT for 2019/2020

- To strengthen the Gateshead Youth Justice Board, which will include development sessions and reviewing the terms of reference in line with YJB guidance.
- To set up a scrutiny panel for Out of Court Disposals and reporting into the board to improve accountability. The scrutiny panel will include board members and volunteers to provide more objectivity.
- To develop a digital forum where young people can access information and support through mobile technology
- To further develop case audits to include trauma informed working and Enhanced Case Management approaches to ensure this new learning is incorporated into assessment and planning of cases.

- To increase the identification of speech and language difficulties of young people and develop effective methods of addressing these.

### **3.2 Progress against priorities:**

- Development work is underway in relation to the Gateshead Youth Justice Board. An initial development workshop took place in September with a follow up event scheduled for December 2019. The board have refreshed terms of reference to clarify partnership roles, responsibilities and accountability and this is reflected in a new Vision Statement. The Board are currently preparing for HMIP inspection and are currently undertaking a self-assessment against National Standards.
- The Out of Court Scrutiny Panel has been established and has carried out an initial audit of cases to ensure a consistent approach is taken to responding to young people.
- Gateshead Youth justice service have worked with Viewpoint to develop a digital forum where the views of young people, parents and carers can leave feedback regarding their experience of the Youth Justice System and Gateshead Youth Justice service. In addition, the forum has local and national contact information for various services and organisations which can also offer support.
- A robust case audit process is in place within the Service. The outcomes of audit are considered in the Early Help Performance Clinic and supervision of staff. Key themes of audit are addressed across the service and help shape future delivery.
- Links have been made with the new North of Tyne Wear Liaison and Diversion team. This team is responsible for undertaking a triage assessment with young people at the earliest stage of their contact with the Criminal Justice System. Liaison and Diversion is a health driven agenda where additional needs of a young person are screened and support offered.

### **4. Additional Service Information**

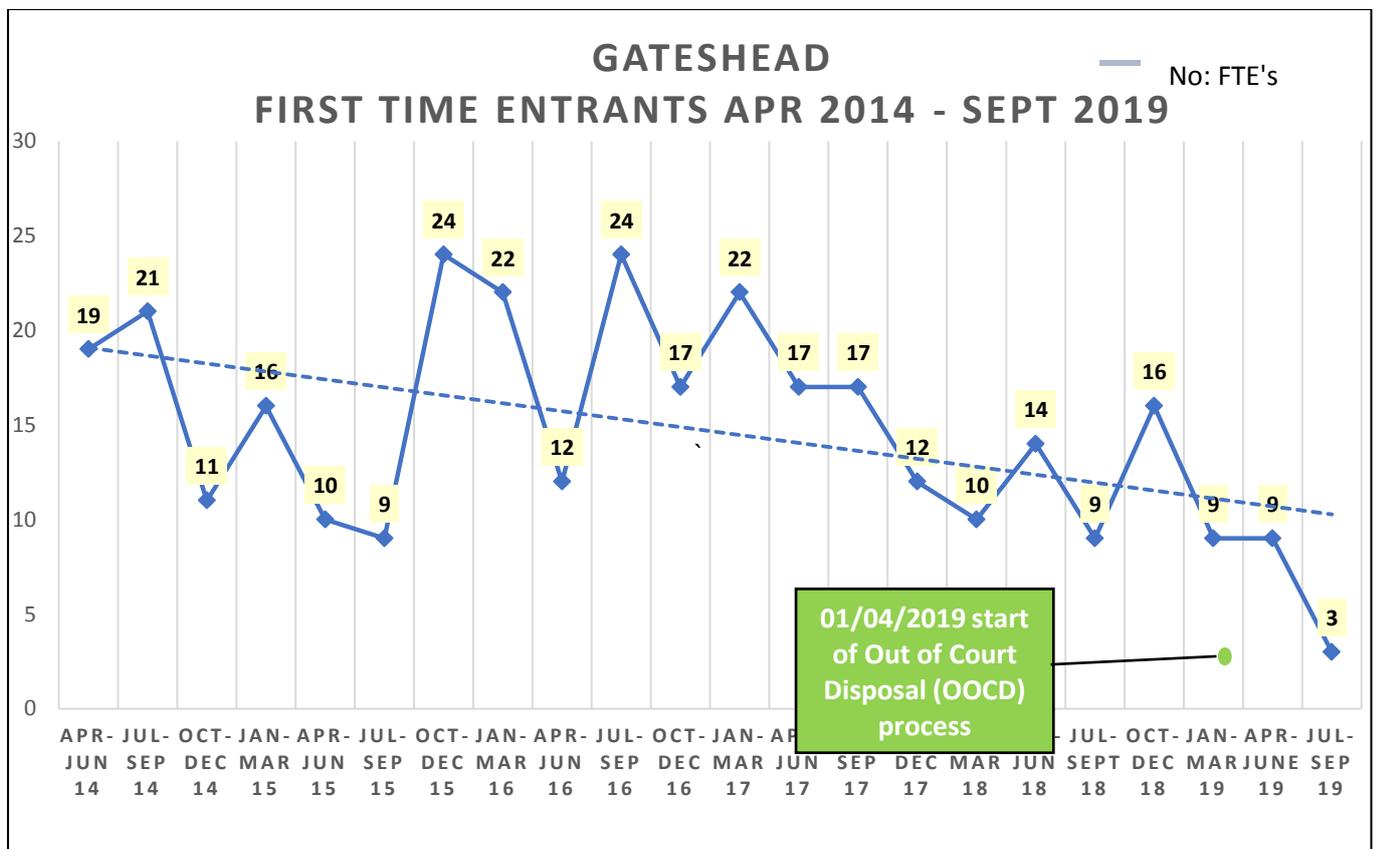
- The Knife Angel will be arriving in Gateshead in February 2020. The knife Angel is a 27ft sculpture that highlights the losses and consequences of knife and is made of over 100,000 weapons collected by police forces from across the country. (It is going to be outside the sage in Gateshead). Gateshead Youth Justice Service is on the steering group to help shape the delivery of interventions whilst the knife Angel is in Gateshead. There is a plan to deliver activities across Gateshead and Newcastle from 1<sup>st</sup> February 2020 when the Angel arrives until it leaves.

- Work has been undertaken across the six Youth Justice Services in Northumbria to ensure a consistent approach to young people and victims. This has included agreeing a joint protocol with the Police and a Service Level agreement with the National Probation Service.
- A review of the Youth Justice Service is currently underway to consider what is working well in the team and consider areas for development.
- As part of the conditions of the Youth Justice grant from the Youth Justice Board the service is currently undertaking a self assessment against national standards from both strategic and operational perspectives.

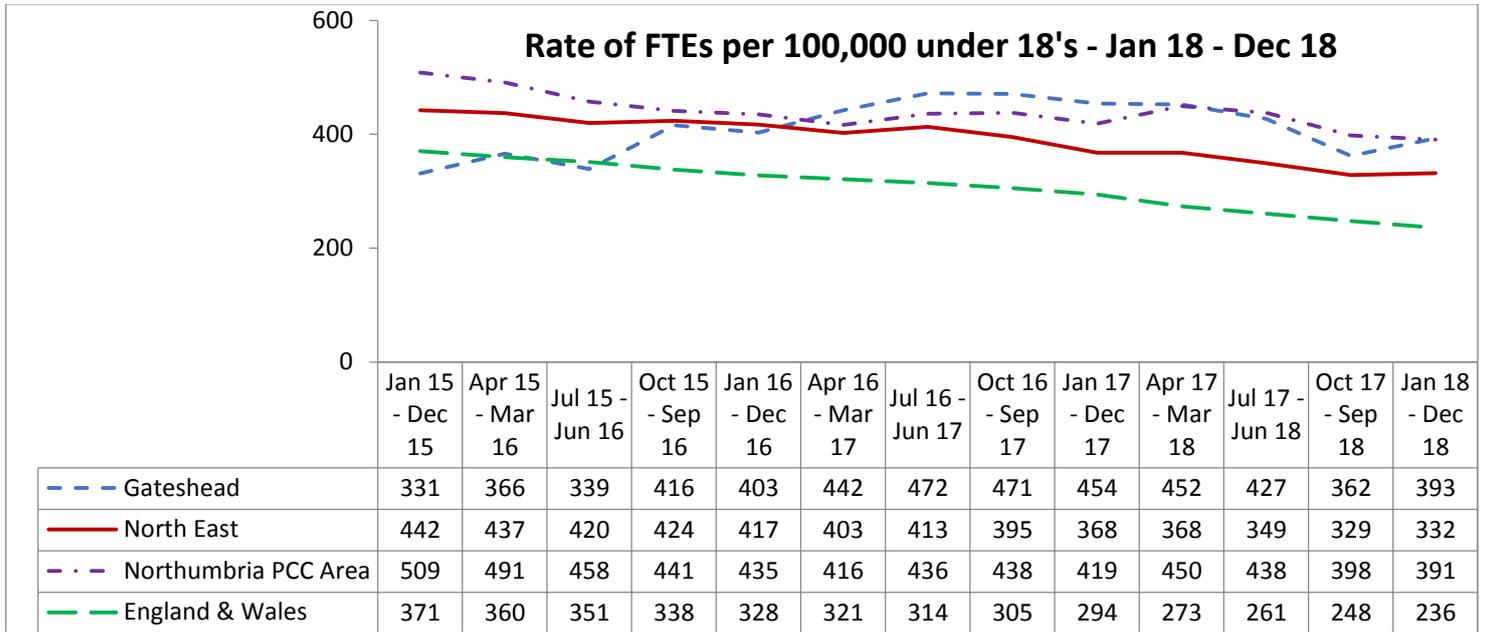
**5. Performance:**

- Most recent performance shows that we have had 5 First Time Entrants for the period July 2019 - September 2019. This is a 44% decrease from the previous quarter and also a 44 and % decrease on the same period last year when 9 FTEs were reported.

**Quarterly trends of First Time Entrants:**

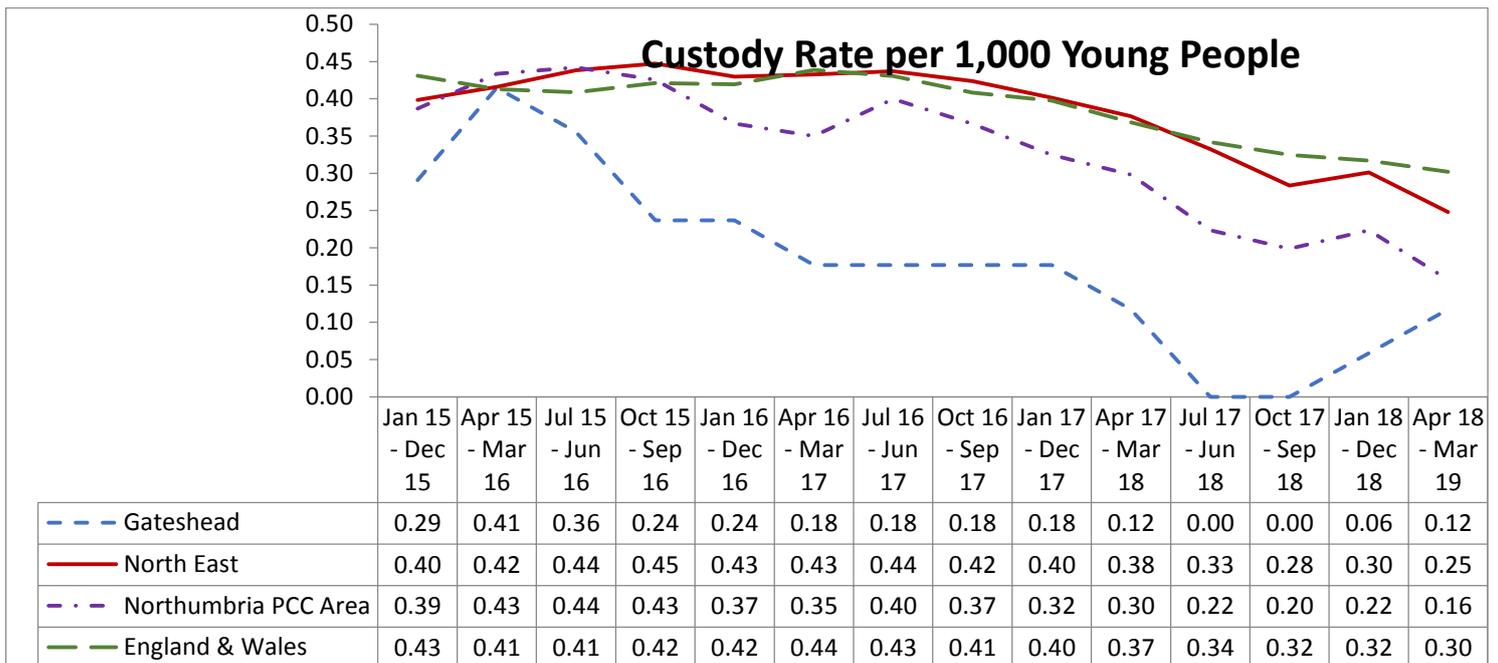


## Regional and national comparison showing rate of First Time Entrants



- The latest YJB draft data for Apr 18 to Mar 19 shows the 12-month rate of Custody for Gateshead at 0.12, this represents 2 custodial sentences in the 12-month period. This is below the Northumbria PCC regional average for this period (0.16), and below the National average (0.30).

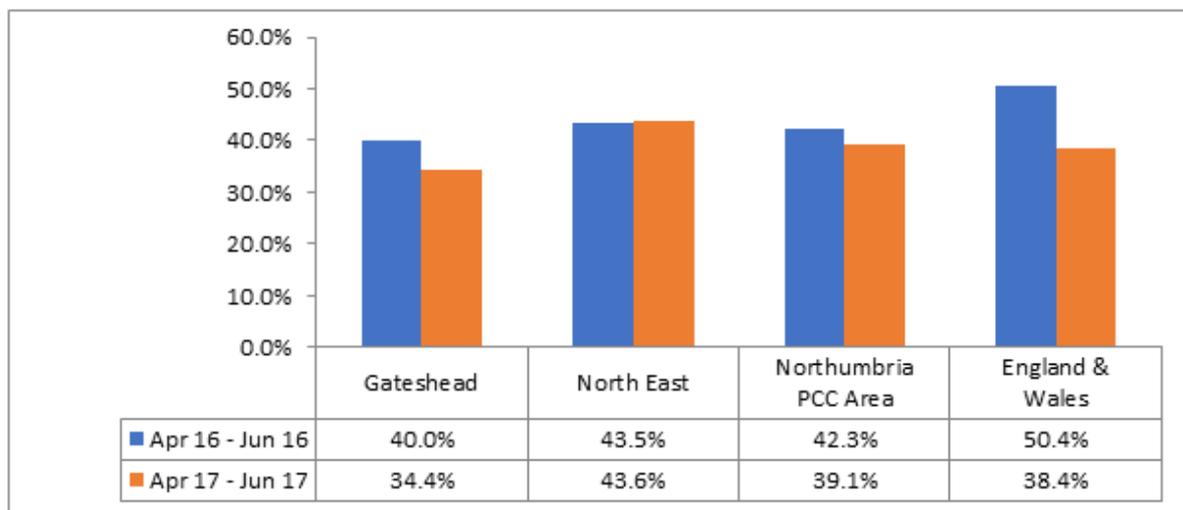
## Regional and national comparison of custody rates



## Re-Offending

- The statutory cohort is made up of 89 young people (69 males and 20 females). When compared to the cohort of the previous year (April 2017 to March 2018) in which we had 124 young people this is a 28% decrease in cohort size.
- The latest quarterly cohort reoffending data from the PNC (Police National Computer) for Apr 2017 to Jun 2017 sets Gateshead's Binary percentage (percentage of young people who go on to reoffend) at 34.4%. This is below the Northumbria PCC regional average of 39.1%, and below the National average of 38.4%.

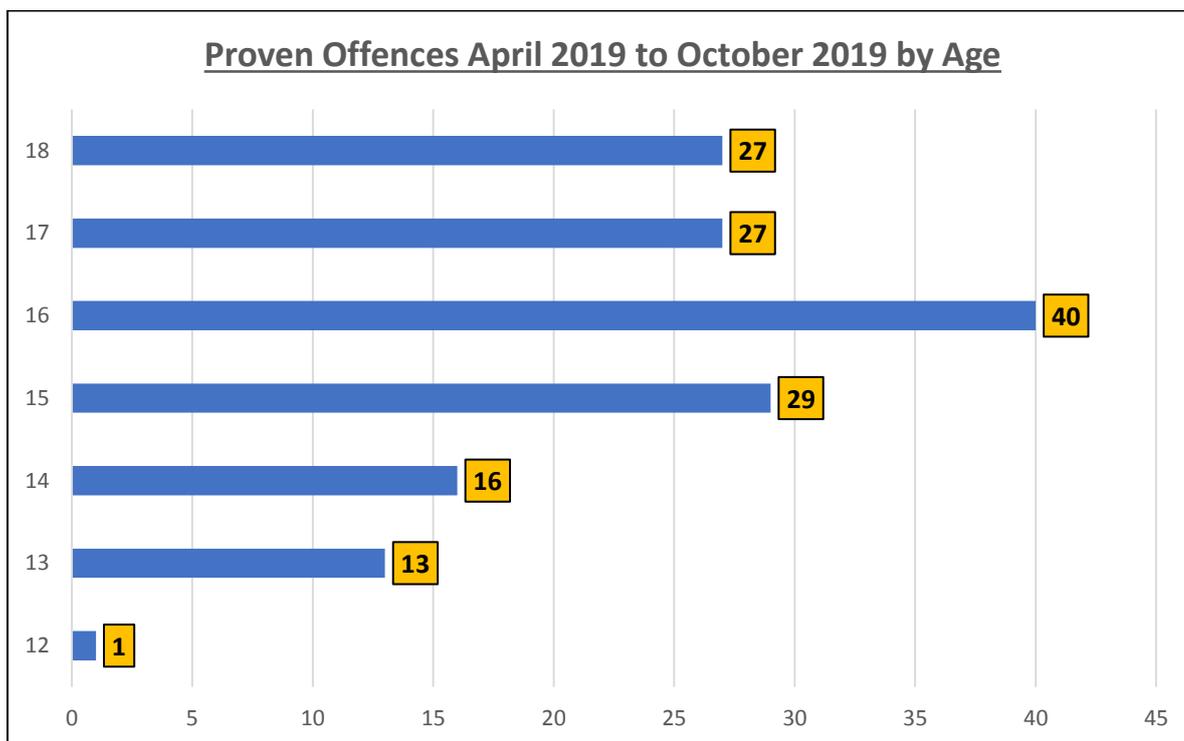
## Re-offending from PNC



The latest annual cohort reoffending data from the PNC (Police National Computer) for Jul 2016 to Jun 2017 sets Gateshead's Binary percentage (percentage of young people who go on to reoffend) at 32.0%. This is below the Northumbria PCC regional average of 40.5%, and below the National average of 40.1%.

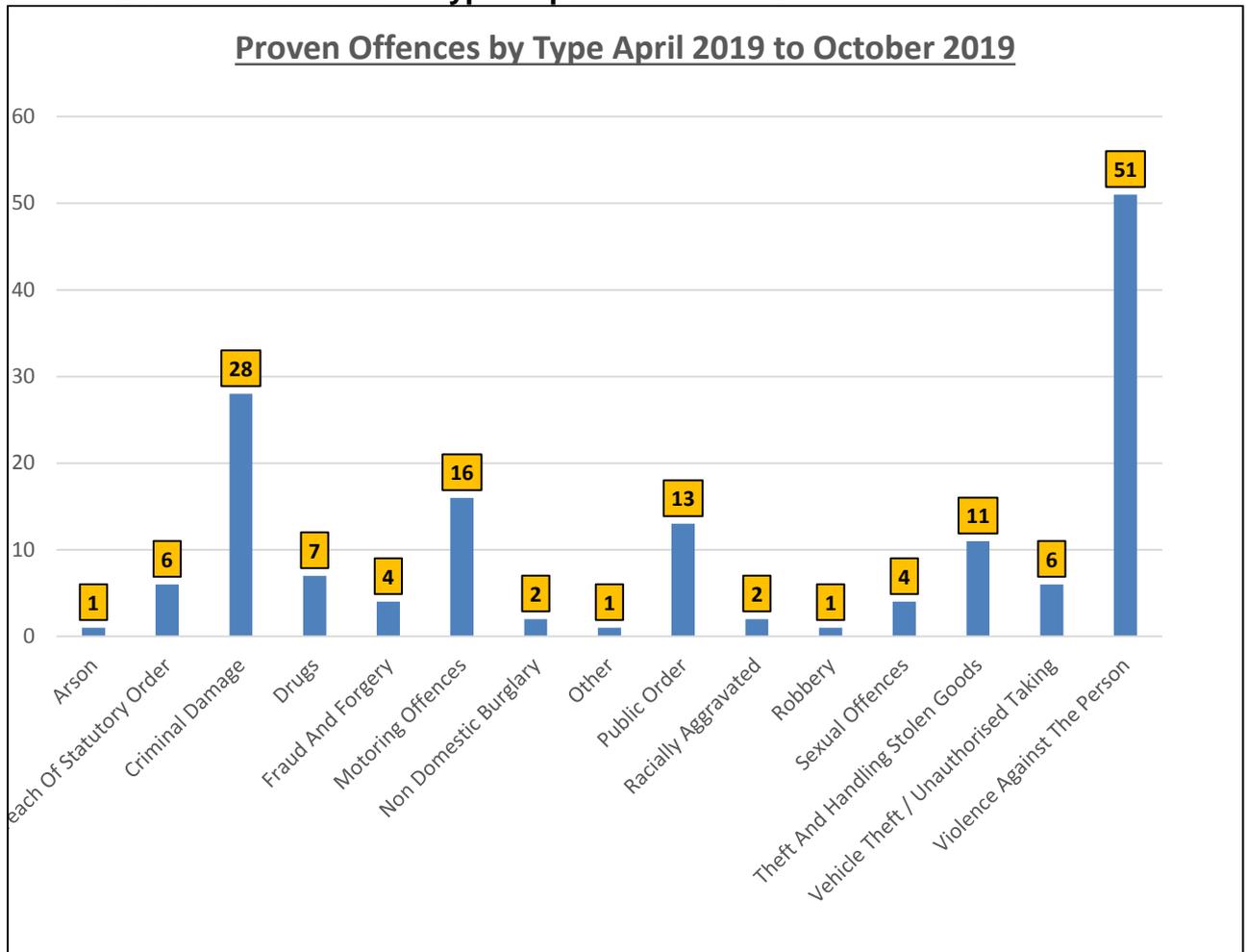
- Current analysis shows that 95% of the total re-offences were committed by males, with females committing only 5% of the total re-offences were committed by female offenders.

## Re-Offending by Gender



Re-offending analysis shows that of the 77-young people still being tracked within this cohort, 58 young people or 75% have not re-offended to date, 19 or 25% of the 77-young people in the cohort have so far gone on to re-offend, committing a total of 62 further offences.

## Live Tracker Offence Types April to October 2019



### 6 Recommendations:

The Committee is asked to:

- (i) Continue to request regular updates on the key priorities.
- (ii) Note and comment on the contents of this report.
- (iii) Identify any areas of work which the committee would be interested in receiving updates about.

**Contact:** Emma Blackwell

**Ext:** (0191) 433 4583

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**TITLE OF REPORT:** Annual Work Programme

**REPORT OF:** Sheena Ramsey, Chief Executive  
Mike Barker, Strategic Director, Corporate Services and  
Governance

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### Summary

The report sets out the provisional work programme for Families Overview and Scrutiny Committee for the municipal year 2019/20.

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1. The Committee's provisional work programme was endorsed at the meeting held on 4 April 2019 and Councillors have agreed that further reports will be brought to future meetings to highlight current issues / identify any changes / additions to this programme.
2. Appendix 1 sets out the work programme as it currently stands. Any changes proposed to the programme will be set out in bold and italics for ease of identification.

### Recommendations

3. The Committee is asked to
  - a) Note the provisional programme;
  - b) Note that further reports on the work programme will be brought to the Committee to identify any additional policy issues, which the Committee may be asked to consider.

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## APPENDIX 1

<b>Draft Families OSC 2019 - 20</b>	
<b>20 June 19</b> <b>1.30pm</b>	<ul style="list-style-type: none"> <li>• Constitution (<b>to note</b>)</li> <li>• Role and remit (<b>to note</b>)</li> <li>• Making Gateshead a place where everyone thrives – Year End Assessment and Performance Delivery 2019-20</li> <li>• Foetal Alcohol Update</li> <li>• YOT Performance Update</li> <li>• Work Programme</li> </ul>
<b>12 Sept 19</b> <b>1.30pm</b>	<ul style="list-style-type: none"> <li>• Ofsted Inspections/School Data – Progress Update</li> <li>• School Exclusions – Performance Update</li> <li>• Safeguarding Children - LSCB Annual Report and Plans</li> <li>• Annual Report on Complaints and Representations – Children</li> <li>• Monitoring Report – OSC Review of Children on Edge of Care</li> <li>• Work Programme</li> </ul>
<b>31 Oct 19</b> <b>1.30pm</b>	<ul style="list-style-type: none"> <li>• CAMHS Progress Update</li> <li>• Impact of Early Help – Progress Update and Case Studies eg Team Around the School</li> <li>• Integrated Referral and Assessment Team</li> <li>• Performance Update on Children’s Centre, IAG and Early Years Childcare Service</li> <li>• <b><i>New Guidance on Overview and Scrutiny</i></b></li> <li>• Work Programme</li> </ul>
<b>28 Nov 19</b> <b>1.30pm</b>	<ul style="list-style-type: none"> <li>• Making Gateshead a place where everyone thrives - Six Monthly Assessment and Performance Delivery 2018-19 (including update on implementation of Ofsted recommendations)</li> <li>• Monitoring – OSC Review of Obesity</li> <li>• Health and Wellbeing Board Strategy Refresh</li> <li>• Youth Justice Service Priorities and Performance</li> <li>• Work Programme</li> </ul>
<b>30 Jan 20</b> <b><u>4.30pm</u></b>	<ul style="list-style-type: none"> <li>• Liaison with Gateshead Youth Assembly</li> <li>• Ofsted – Annual Report</li> <li>• Secondary Academies Performance – Progress Update</li> <li>• Smoking in Expectant Mothers</li> <li>• Support for Young Carers</li> <li>• Work Programme</li> </ul>
<b>5 March 20</b> <b>1.30pm</b>	<ul style="list-style-type: none"> <li>• Annual Conversation with Head Teachers of Special Schools</li> <li>• Child In Need Offer - Update</li> <li>• <b><i>Social Work Recruitment &amp; Retention / Quality of Social Work Practice – Performance Update</i></b></li> <li>• SEND Update – (to focus on quality of inclusion in Gateshead/ outcomes for SEND children / impact of budget reductions)</li> <li>• 0-19 Services</li> <li>• Work Programme</li> </ul>
<b>23 April 20</b> <b>1.30pm</b>	<ul style="list-style-type: none"> <li>• OSC Review of Obesity – Monitoring</li> <li>• CAMHS Progress Update</li> <li>• Foetal Alcohol Update</li> <li>• Multi-Agency Safeguarding Arrangements Update</li> <li>• 12 month evaluation – Integrated Referral and Assessment</li> </ul>

	Team <ul style="list-style-type: none"><li>• Work Programme</li></ul>
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**Issues to slot in:**